

BREAKFAST

Classics

FORMULA *	8.75
Bacon, 2 eggs, American cheese, hard roll	
PURSUIT *	8.75
Sausage, 2 eggs, American cheese, hard roll	
GRADY WHITE *	9.95
Egg whites, spinach, roasted red peppers, feta cheese, whole wheat wrap	
BERTRAM *	10.50
Bacon, 2 fried eggs, American cheese, tomato jam, spinach, multigrain	
HATTERAS *	11.75
Bacon, 2 scrambled eggs, cheddar cheese, potato hash, mike's hot honey, hard roll	
CABO *	12.50
Sausage, 2 scrambled eggs, potato hash, pico de gallo, avocado, white wrap	
VIKING *	14.25
Shaved ribeye, 2 runny eggs, provolone, caramelized onions, charred jalapeños, garlic aioli, hard roll	

Sides & Add On

POTATO HASH	5.00
HASH BROWN	3.00
AVOCADO	2.00
SIDE OF BACON* (5)	5.00
TOMATO JAM	1.50
SUN-DRIED TOMATO SPREAD	1.50
ASSORTED MUFFINS	3.25
ASSORTED BAGELS	3.25
CROISSANT	3.00



48 CALF PASTURE BEACH RD. NORWALK CT
(203)831-0855

Plates

EGG PLATTER*	11.95
2 Eggs, choice of bacon or sausage, potato hash or hash brown, toast	
AVOCADO TOAST	12.95
Avocado spread, over multi grain toast (Add* eggs, bacon, sausage for additional charge)	

Gluten Free options are available

Drinks

COFFEE	2.95/3.75
CAPPUCCINO	4.25/4.95
LATTE	5.25/6.25
ESPRESSO SHOT	2.75/4.50
COLD BREW	5.25/5.95
HOUSE LEMONADE	4.15/4.95
ICED TEA	3.75/4.75
FOUNTAIN DRINKS	2.75
Pepsi, Diet Pepsi, Starry, Ginger ale, Lemonade, Cranberry	
APPLE/ORANGE JUICE	3.50
EAST COAST KOMBUCHA	5.00

Not all ingredients are listed. Please alert your server if you have any food allergies.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical condition.

LUNCH

Gluten Free options are available



Classics

BETTS * 17.95

Grilled chicken, melted mozzarella, sundried tomato spread, olive oil drizzle, shaved lettuce, 3-grain panini roll

L'HAMMOCK * 15.95

Grilled chicken, cheddar, avocado, shaved lettuce, cherry tomatoes, bacon, chipotle ranch, white wrap

THE RAM * 19.95

Chicken cutlet, bacon, cheddar, lettuce, caramelized onion, cherry peppers, avocado, galley sauce, 3-grain panini roll

CALF PASTURE * 19.95

Shaved ribeye, American, provolone, sautéed sweet & spicy peppers, caramelized onions, garlic aioli, grinder

TAVERN * 18.95

Chicken cutlet, fresh mozzarella, roasted red peppers, house made pesto (nut free), balsamic glaze, 3-grain panini roll

LITTLE TAVERN 15.95

Fresh mozzarella, tomato, basil, pesto (nut free), balsamic glaze, 3-grain panini roll

CHIMONS * 15.95

Chicken cutlet, buffalo sauce, American lettuce, bacon, ranch or blue cheese, hard roll

THE GALLEY GRILLED CHEESE * 16.95

Chicken cutlet, bacon, american, provolone, tomato jam, balsamic glaze, italian white

Kids Menu

GRILLED CHEESE 7.95

Served with side of french fries

CHICKEN TENDERS * 9.95

served with side of french fries

Sides & Add On

GRILLED CHICKEN* 5.50

CHICKEN CUTLET* 6.00

BACON* 3.25

AVOCADO 2.00

SUN-DRIED TOMATO SPREAD 1.50

FRENCH FRIES 5.25

SWEET POTATO FRIES 5.25

CHICKEN TENDERS* 7.25

ASSORTED CHIPS 2.25

TOMATO JAM 1.50

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