

CATHOLIC CHARITIES

**SELF-DIRECTED
HOME CARE SERVICES**

WHO IS
**Eligible for Self-Directed
Help at Home?**



888-477-2263

① The Consumer:

- Must not have a guardian or conservator.
- Must have the cognitive capacity to be able to direct the services, complete documentation and pay the Home Helper. The Assessing Services Agency will determine this capability as part of the assessment.
- Must meet all program requirements including:
 - Timely submission of timesheets
 - Complete and return yearly reassessment paperwork
 - Must be able to keep accurate records of dates and times of homemaking services
 - Must be able to direct the Home Helper
 - Must pay the Home Helper regularly

② A Surrogate for the Consumer:

A consumer who does not qualify to direct their own services may ask request a **surrogate** to act on their behalf. Consumers with cognitive capacity also may choose to designate a surrogate to act on his/her behalf.

Qualifications of a surrogate:

- Is at least 18 years old
- Has the cognitive capacity to arrange for and direct services
- Is not the consumer's paid caregiver
- Shows a strong personal commitment to the consumer
- Shows knowledge about the consumer's preferences
- Must visit the consumer at least every two (2) weeks
- Must meet all program requirements including timely submission of documentation of services delivered and a visit every two weeks to the consumer
- Must check the Certified Nursing Assistant Registry and must also conduct a criminal history background check for any individual hired as Unlicensed Assistive Personnel as defined in 69.01(T)
- Must complete a minimum of 2 hours of instruction prior to beginning the self-directed option on the rights, risks, and responsibilities of the self-directed option

③ The Home Helper:

- Must be at least seventeen (17) years old
- Must have the physical ability to change sheets, vacuum, climb stairs, carry/put away groceries and enter/exit a vehicle and be able to help with all household tasks
- May be a family member
- May be a friend
- May be an acquaintance or neighbor
- May be anyone who does NOT live with you



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