

**Senior Citizens Commission  
Regular Meeting  
June 4, 2019  
Minutes**

The Senior Citizens Commission held a regular meeting on June 4, 2019 at the Senior Center at 1:00 P.M. Present at the meeting were members: Chair Paula Friez, Cheryl Udin, Helen Winkler, Ray Soma and Corenda Haugh. The Director of Senior and Social Services Carrie Concatelli was not in attendance. Bolton resident Jackie Lancaster was also present.

**1. Call to order**

Paula Friez called the meeting to order at 1:01 p.m.

**2. Public Comment**

Nothing at time

**3. Approval of Minutes, March 4, 2019**

Cheryl Udin made a motion to accept the minutes as written, Helen Winkler seconded the motion. The motion passed unanimously.

**4. Municipal Agent Report**

Carrie Concatelli was not present. Paula Friez informed the commission that the Senior INC purchased a new awning for the Senior Center and it should be completed and delivered soon. Paula stated that in August the Senior Center will have a back to school drive collecting school supplies. Paula also informed the Commission of a new wellness group at the Senior Center that meets on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of every month.

**5. Old Business**

**A. Review of Recent Programs**

**i. Lunches out/ Trips**

There were a lot of different lunches out that everyone enjoyed. Chips in Wethersfield, Batic in Berlin June 6<sup>th</sup> and Butchers in Bakers is coming up on June 20<sup>th</sup>.

**ii. Senior Meetings: History of Makeup, Women's Club, Healthy Eats**

Everyone really enjoyed the history of Makeup presentation.

**iii. Trips: New Britain Museum of Art, Yard Goats**

Everyone enjoyed the Yard Goats game on May 30<sup>th</sup>, very accessible and great seats.

**iv. Wellness Group**

The meetings are on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday from 11-12 at the Senior Center to discuss different topics each meeting.

**v. Zumba Demonstration**

It was a great turnout and event that was held on May 2<sup>nd</sup> at 1 P.M.

**vi. White House Memories**

The Senior Center had a guest speaker named Alan Devalerio who is a former butler for the White House.

**vii. May Older Americans Month "Connect Create Contribute"**

During the month of May the Senior Center would like to encourage seniors to participate and try new activities.

**b. 300<sup>th</sup> Anniversary Plans**

Paula stated the quilters are busy working and the parade and fireworks are being planned; more info to come.

**6. New Business**

**a. Review of Upcoming Programs**

Just to list a few things going on during the summer which includes casino trips in July and August also a trip to Olde Mistick Village and a trip to Buttonwood Farm's to see the sunflowers. There are many more trips and programs available at the Senior Center.

**b. Next Meeting, September 10, 2019**

The next Senior Commission meeting will be held on September 10<sup>th</sup> at 1:00 P.M.

**7. Adjournment**

Helen made a motion to adjourn, seconded by Corenda. The motion passed and the meeting was adjourned at 1:35 P.M.

Respectfully Submitted,

Corrine O'Brien  
Board Clerk

PLEASE SEE THE MINUTES OF SUBSEQUENT MEETINGS FOR THE APPROVAL OF THESE MINUTES AND ANY CORRECTIONS HERETO.