

**Senior Citizens Commission  
Regular Meeting  
September 9, 2025  
Minutes**

The Senior Citizens Commission held a regular meeting on September 9, 2025 at the Senior Center at 12:00 P.M. Present at the meeting was chairman Paula Friez, Cheryl Udin, Leslie Shea, Anna Spencer and alternate Corenda Haugh. The Director of Senior and Social Services Carrie Concatelli also attended.

**1. Call to order**

Paula Friez called the meeting to order at 12:04pm

**2. Public Comment**

Nothing at this time

**3. Approval of Minutes June 3, 2024**

Leslie Shea made a motion to accept the minutes as written, Cheryl Udin seconded the motion. The motion passed unanimously.

**4. Municipal Agent Report**

Carrie stated she published a supplemental newsletter announcing exciting changes. The Bolton Senior Center will be able to assist with applications for Connecticut Energy Assistance and offer information and referrals. This year the "Seniorhood Fair" will be October 25<sup>th</sup> at Vernon Center Middle school from 9:30am to 2:00pm. The Seniorhood fair offers seniors, adults, and caregiver's ways to plan and enhance their "Seniorhood" years through workshops, demonstrations, exhibits, and resources.

**5. Old Business**

**a. Review of recent programs/activities**

The Summer BBQ was well attended; everyone enjoyed the food and great company. Chair yoga is also a great activity with high attendance.

**6. New Business**

**a. Election of Chair, Co-Chair**

Cheryl Udin made a motion to re-elect Paula Friez as Chairman Leslie Shea seconded the motion. The motion passed unanimously.

**i. Resignation of Pat Niewinski**

Pat resigned from the commission; she will be greatly missed.

**b. Fall/Winter programs**

There are many programs and outings coming up. A few of the outings are lunch at Basil's in October, breakfast at Gina Marie's October 23<sup>rd</sup> and a mystery trip on October 9<sup>th</sup>. The Halloween party will take place on October 30<sup>th</sup>. Along with chair yoga, set back, poker and Mah Jongg which takes place weekly.

**i. Veterans Day Luncheon November 13, 2025**

There will be a lunch at the Bolton Senior Center with guest speakers.

**ii.** The Commission shared that Senior Inc., has donated 20 wreaths for Wreaths across America. This will be a community event where volunteers will place wreaths on the graves of veterans to remember, honor, and teach about their service. Residents can get involved by volunteering or sponsoring a wreath.

**iii. Holiday Luncheon December 10, 2025**

The commission stated they are still looking for the venue. More info to come.

**iv. Other scheduled programs**

Anna shared with the commission that she has received many praises about how members really enjoy coming to the senior center and how much everyone enjoys the programs and different outings.

**c. Any special business**

Nothing at this time.

**7. Adjournment**

**A. Next meeting Date: December 2, 2025**

Corenda made a motion to adjourn the meeting at 1:04pm; Cheryl seconded the motion. The motion passed unanimously and the meeting was adjourned.

Respectfully Submitted,

Corrine O'Brien  
Board Clerk

PLEASE SEE THE MINUTES OF SUBSEQUENT MEETINGS FOR THE APPROVAL OF THESE MINUTES AND ANY CORRECTIONS HERETO.