
Bolton Senior Center

Prime Time

March and April 2026

Monday – Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 3 p.m.

860-647-9196

Director: Carrie Concatelli, MSW

Email: cconcatelli@boltonct.gov

Program Coordinator/Administrative Assistant: Mary Beth Dufresne

Email: mdufresne@boltonct.gov

Administrative Assistant: Pam Wentworth

Email: pwentworth@boltonct.gov

There is no membership to participate.

Sign in at the front door with your phone number.

First time visitors, please check in at the office.

Director's Note

Dear Senior Center Friends,

When you see our vans out and about this spring, be sure to wave to our van drivers, Bob Funke and Ricky Kauffman! They keep our transportation running smoothly behind the scenes. We also want to give a shout-out to another van driver, Ralph Gates. Ralph has been a van driver for the Bolton Senior Center for 30 years! He fills in occasionally so be sure to congratulate him on that amazing milestone.

Registration for the March/April programs will open on Monday, February 23 at 9 a.m. either in person or over the phone. We cannot accept early registrations. Please double check your calendar when making your selections.

Carrie

Senior Center

- **Transportation** - Call to schedule in advance; subject to availability. We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority.
- **Food Pantry** - Open to residents of all ages. Registration required. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about MACC and other resources. Food Pantry is closed on the fourth Tuesday of the month.

Holiday Closures and Schedule Changes

Town Offices are closed on Friday, April 3. There is no chair yoga the week of April 6.

In the event of inclement weather, please check WFSB for closures or delays. Chair yoga is cancelled when there is a delay.

In Remembrance

We remember friends of the Bolton Senior Center, Leo Seibert, Marilyn Fiano, Elaine Barbero, and Milton Hathaway.

New Bridge Players Are Welcome!!

If you or anyone you know is a knowledgeable Bridge player and would like to play cards at the Senior Center, they would be very happy to have you! Bridge meets on the first and third Wednesdays of every month at 12:30 p.m.

Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. Knox Boxes are available thanks to the generosity of Bolton Senior Inc. and Bolton Volunteer Fire Department. See Senior Center staff for an application.

Available Daily

The Senior Center Library has books and puzzles that you can borrow and return on the honor system. Donations of books (2019 and newer) and puzzles are accepted.

Senior Center Van Driver

We are hiring a per diem van-driver. Must possess CDL license with passenger endorsement and clean driving record. Application and further details are available on the Town website.

Here's What's Been Happening

Our winter trips took us to Toast in Mansfield for breakfast, lunch at Windham Tech, the CT Flower and Garden Show in Hartford and lunch at Roberto's in Lebanon.

At the Senior Center, we played trivia with friends and listened to a presentation on Madagascar.

AARP Tax Aide Free Tax Preparation

AARP Tax Aide Volunteers provide free Federal and State tax preparation through early April. This popular service is available for any age, income, or town residence. Appointments are required.

Regularly Scheduled Activities

Chair Yoga

Mondays, Wednesdays, and Fridays at 9:30 a.m. \$5 per class

There is no chair yoga the week of April 6.



Set Back

Wednesdays at 12:30 p.m.

Poker

Tuesdays at 12 p.m.

Quilting

Fridays at 11:00 a.m.

Dominoes

Mondays at 1:00 p.m.

Cribbage

First and Third Tuesday of the month at 10:00 a.m.

Mah Jongg

Tuesdays at 12:30 p.m.

Bridge

First and Third Wednesday of the month at 12:30 p.m.

December 3: Corenda Haugh-2000 December 17: Kay Peterson-2900
January 7: Betty Aitken-2050 January 21: Cathy Sprecker-2700

All regularly scheduled programs do not require advance registration.

Meetings

Senior Commission-At noon on Tuesday, March 3.

Bolton Senior Inc. Meeting-At 10:30 a.m. on Monday, March 16 and Monday, April 20.

Foot Care

We host Foot Care by Nurses on the fourth Tuesday of the month. The cost has been raised to \$60. Please call for an appointment.

Special Events

ALL SPECIAL EVENTS REQUIRE REGISTRATION.

See descriptions for applicable fees, deadlines, or space limitations.

Please let us know if you no longer plan to attend so the next person on the waiting list can be called.

BINGO

On Thursday, March 5 at 1 p.m., Mary Babcock from The Arbors of Hop Brook will be hosting Bingo. She will have literature available about The Arbors as well as prizes along with our regular money winnings for each game. Come for coffee, cookies and prizes!!

We will have regular Bingo on Thursday, April 2 at 1 p.m. \$1 a card to play multiple games.

LUNCHES OUT AT WINDHAM TECH

We will enjoy a delicious meal created and served by Windham Tech Culinary students on Tuesday, March 10 and Tuesday, April 28. The price for each lunch is \$17 per person, cash only. Participants who sign up will be on a standby list until their payment is made. **The deadlines to sign up are Tuesday, March 3 and Tuesday, April 21 with no refunds after those dates.** The van leaves the Senior Center at 10:15 a.m. with a limit of 20 participants on both days.

STROKE AWARENESS PRESENTATION

Ann Morano, RN from Greater Manchester HomeCare (previously Visiting Nurse and Health Services of CT), will be at the Senior Center on Thursday, March 12 at 10 a.m. to provide life-saving knowledge regarding the signs and symptoms to prevent a stroke that can happen to anyone, at any age and at any time. It can also mean the difference between a strong recovery or long-term disability; survival or death and learn simple lifestyle tips to lower your risk.

MARCH MADNESS LUNCH

The Senior Center will be hosting lunch to celebrate March Madness. Please join us for pizza, salad and dessert while wearing your favorite sports team apparel (not just basketball!) on Thursday, March 19 at 12 p.m. at the Senior Center. **Please RSVP by Thursday, March 5.**

AARP DRIVER SAFETY COURSE

We are hosting the AARP Driver Safety Course on Thursday, March 26 from 9:30 a.m.-1:30 p.m. This is a four-hour class designed to remind you of the rules of the road. Participants aged 60+ may receive a discount on their auto insurance policy. The cost is \$20 for AARP members and \$25 for non-members. Payment is due the day of the class either by cash or check made payable to AARP.

MOHEGAN SUN CASINO

Take a trip with friends to Mohegan Sun on Friday, March 20. The van leaves at 9:15 a.m. \$5 for all passengers. Limit 20 participants.

DIETICIAN FROM SHOP RITE

Once again, we welcome Sarabeth Campanelli, a dietician from Shop Rite, who will be at the Senior Center on Tuesday, March 31 at 10 a.m. March is National Nutrition Month so she will discuss ways to eat and stay healthy as we welcome spring. She will be creating a delicious recipe that will help you stay fit!

BLOOD PRESSURE CLINIC ADMINISTERED BY BOLTON HIGH SCHOOL

Bolton High School's Emergency Medical Responder class is hosting a blood pressure clinic on Thursday, April 9 from 9-11 a.m. at the Senior Center. The EMR course is a state-approved certification program. Enrolled students are learning how to respond to medical and traumatic injuries by providing basic life support. At the clinic, students will provide each participant with a complete set of vital signs including blood pressure, heart rate and respirations. Students will practice communication and assessment skills. If you are interested in helping these students, please contact the Senior Center.

WELCOME SPRING LUNCHEON

Senior Inc. is hosting lunch to celebrate the season of spring on Thursday, April 16 at 12 p.m. at the Senior Center. **Please RSVP by Monday, April 6.**

MOROCCO PRESENTATION

Pam and Bruce Wentworth kindly offered to present their vacation to Morocco which lies in North Africa. It has been inhabited for over 300,000 years so it has a rich history. They will be speaking at the Bolton Senior Center on Thursday, April 23 at 10 a.m. Come and hear about their exciting trip and sample a treat.

APRIL MYSTERY TRIP

Why do we have to wait until October for a mystery trip?? The Senior Center van is heading to an unknown destination for lunch on Thursday, April 30 at 11:15 a.m. If you are daring enough to join us, please do! There is very little walking. After lunch, we will take a short drive where we can enjoy a treat on our way back to the Senior Center. Limit 20 participants.

“THE WILD PARTY” MUSICAL

“The Wild Party” is playing at the Playhouse on Park in West Hartford on Thursday, July 16 at 10:30 a.m. This musical plunges audiences into the heart of the roaring 20s, where jazz, lust, and danger collide. Queenie and Burrs are a dysfunctional couple of vaudeville performers whose relationship teeters on the brink and to salvage their passion, they throw a lavish, anything-goes party in their Manhattan apartment. The parade of colorful and unpredictable guests includes a provocative stranger who catches Queenie’s eye and ignites Burrs’ jealousy. What begins as a night of carefree indulgence turns into a tense and dangerous game where loyalties are tested, secrets come to light, and relationships spiral out of control.

Tickets are \$28.50 per person, non-refundable and due in full by Tuesday, May 12. Checks can be made payable to the Town of Bolton. Limit 10 participants. Participants will be on a standby list until payment is made. The van leaves at 9:30 a.m. for the musical followed by lunch at A.C. Petersen’s Farm in West Hartford.

“CRAZY FOR YOU” THE TAP-DANCING GERSHWIN MUSICAL COMEDY

“Crazy For You” is playing at the Goodspeed in East Haddam on Wednesday, July 29 at 2 p.m. When Broadway hopeful Bobby Child is sent to Nevada to foreclose on an abandoned theatre, he hatches a plan to save the town and get the girl by putting on a show. Featuring Gershwin melodies including “I Got Rhythm,” “Embraceable You,” and “Someone To Watch Over Me.” It’s a spectacular celebration of classic song and dance musicals. Who could ask for anything more?

Listening devices are available first come first serve at the box office. Tickets are \$56 per person, non-refundable and due in full by Tuesday, May 26. Checks can be made payable to the Town of Bolton. Limit 14 participants. Participants will be on a standby list until payment is made. The van leaves at 10:30 a.m. for lunch at Cactus Bistro in East Haddam followed by the matinee performance, returning approximately at 5:30 p.m.

Bolton Senior Center March 2026

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SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
1	2 Tax Aide by Appt. Chair Yoga 9:30 Dominoes 1:00	3 Cribbage 10:00 Poker 12:00 Commission 12:00 Mah Jongg 12:30	4 Tax Aide by Appt. Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	5 Bingo Hosted by Arbors of Hop Brook 1:00	6 Chair Yoga 9:30 Quilting 11:00	7
8	9 Tax Aide by Appt. Chair Yoga 9:30 Dominoes 1:00	10 Windham Tech 10:15 Poker 12:00 Mah Jongg 12:30	11 Tax Aide by Appt. Chair Yoga 9:30 Set Back 12:30	12 Stroke Awareness Presentation 10:00	13 Chair Yoga 9:30 Quilting 11:00	14
15	16 Tax Aide by Appt. Chair Yoga 9:30 Senior Inc. 10:30 Dominoes 1:00	17 Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	18 Tax Aide by Appt. Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	19 March Madness Lunch 12:00	20 Mohegan Casino 9:15 Chair Yoga 9:30 Quilting 11:00	21
22	23 Tax Aide by Appt. Chair Yoga 9:30 Dominoes 1:00	24 Footcare by Appt. Poker 12:00 Mah Jongg 12:30	25 Tax Aide by Appt. Chair Yoga 9:30 Set Back 12:30	26 AARP Driver Safety Course 9:30-1:30	27 Chair Yoga 9:30 Quilting 11:00	28
29	30 Tax Aide by Appt. Chair Yoga 9:30 Dominoes 1:00	31 Shop Rite Dietician 10:00 Poker 12:00 Mah Jongg 12:30				

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			1	2	3	4
			Tax Aide by Appt. Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	Bingo 1:00	HOLIDAY	
5	6	7	8	9	10	11
	Tax Aide by Appt. NO CHAIR YOGA Dominoes 1:00	Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	Tax Aide by Appt. NO CHAIR YOGA Set Back 12:30	Blood Pressure Clinic administered by Bolton High School 9:00-11:00	NO CHAIR YOGA Quilting 11:00	
12	13	14	15	16	17	18
	Chair Yoga 9:30 Dominoes 1:00	Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	Welcome Spring Luncheon 12:00	Chair Yoga 9:30 Quilting 11:00	
19	20	21	22	23	24	25
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26	27	28	29	30		
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Bolton Senior Center Registration Form

Name: _____ Date: _____

Bingo 1 p.m. ____ Th. 3/5 ____ Th. 4/2

Windham Tech Lunch 10:15 a.m. *(\$17 Cash only)* ____ Tues. 3/10

Meal: Roast Turkey & Dumplings OR Stuffed Peppers OR

Chicken Ceasar Salad

Dessert: Cherries Jubilee Cheesecake OR Pineapple Upside Down Cake

Stroke Awareness Presentation 10:00 a.m. ____ Th. 3/12

March Madness Lunch 12:00 p.m. ____ Th. 3/19

Mohegan Casino 9:15 a.m. ____ Th. 3/20

AARP Driver Safety Course 9:30 a.m. ____ Th. 3/26

Shop Rite Dietician 10:00 a.m. ____ Tues. 3/31

Blood Pressure Clinic administered by Bolton High School

9-11 a.m. ____ Th. 4/9

Welcome Spring Luncheon 12:00 p.m. ____ Th. 4/16

Morocco Presentation 10:00 a.m. ____ Th. 4/23

Windham Tech Lunch 10:15 a.m. *(\$17 Cash only)* ____ Tues. 4/28

Meal: Chicken Florentine OR Cod Picatta OR Chicken Ceasar Salad

Dessert: Peach Cobbler OR Brownie Sunday

April Mystery Trip 11:00 a.m. ____ Th. 4/30

"The Wild Party" 9:30 a.m. *(\$28.50 Check only)* ____ Th. 7/16

"Crazy For You" 10:30 a.m. *(\$56.00 Check only)* ____ Wed. 7/29

Please indicate if you require transportation or driving yourself to an off-site

event. You will be notified if there is a wait list.

Please notify us of any cancellation immediately.

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