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# **Bolton Senior Center**

## **Prime Time**

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**July and August 2026**

**Monday – Thursday 9 a.m. to 4 p.m.**

**Friday 9 a.m. to 3 p.m.**

**860-647-9196**

**Director: Carrie Concatelli, MSW**

Email: [cconcatelli@boltonct.gov](mailto:cconcatelli@boltonct.gov)

**Program Coordinator/Administrative Assistant: Mary Beth Dufresne**

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**Administrative Assistant: Pam Wentworth**

Email: [pwentworth@boltonct.gov](mailto:pwentworth@boltonct.gov)

**There is no membership to participate.**

Sign in at the front door with your phone number.

First time visitors, please check in at the office.

## Director's Note

Dear Senior Center Friends,

Best wishes to Van Driver Ricky Kauffman. We are actively hiring a CDL Van Driver with PSL endorsement. Please inquire for more information.

In the meantime, we have pieced together limited coverage for outings this summer. Please be aware there will be times when transportation is not available or subject to change. We apologize for the inconvenience.

**Registration for the July/August programs will open on Monday, June 29 at 9 a.m. either in person or over the phone.** We cannot accept early registrations. Please double check your calendar when making your selections.

Carrie

## Senior Center

- **Transportation** - Call to schedule in advance; subject to availability. We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority.
- **Food Pantry** - Open to residents of all ages. Registration required. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about MACC and other resources. Food Pantry is closed on the fourth Tuesday of the month.

## Holiday Closures and Schedule Changes

Town Offices are closed on Friday, July 3 due to the July 4 holiday. There is no Chair Yoga on Monday, July 13 and Wednesday, July 15. There will be sub for chair yoga on Friday, July 17.

## Thank You

Thank you to Anna Spencer for painting the beautiful herb garden sign. Check out the garden next to the patio; herbs are available to take home.

## Food Pantry

The food pantry selection is a bit slim this summer: we appreciate donations of everything except pasta, veggies, beans, tuna, or soup. Thank you for thinking of our neighbors.

## Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. Knox Boxes are available thanks to the generosity of Bolton Senior Inc. and Bolton Volunteer Fire Department. See Senior Center staff for an application.

## Available Daily

The Senior Center Library has books and puzzles that you can borrow and return on the honor system. Donations of books (2020 and newer) and puzzles are accepted.

## Here's What's Been Happening

Our spring trips included our Mystery Lunch at Lulu's in Enfield, breakfast at Vernon Diner, tours of historic Cedar Hill Cemetery and Elizabeth Park in Hartford followed by lunch. We travelled to Red Rock Café Restaurant in Mansfield for lunch and enjoyed a spot of tea and a tour of Wadsworth Mansion in Middletown. We are looking forward to the CT Sun Basketball game.

At the Senior Center, we heard from State Representatives Tim Ackert and Steve Weir about the past legislative session, learned about the probate process from Attorney Colleen Masse and had blood pressure checks from Bolton High School and an education class on it from Eastern Highlands Health District.

## Regularly Scheduled Activities

### Chair Yoga

Mondays, Wednesdays, and Fridays at 9:30 a.m. \$5 per class

**NO CHAIR YOGA ON JULY 3, JULY 13 AND JULY 15  
SUBSTITUTE ON JULY 17**

### Set Back

Wednesdays at 12:30 p.m.



### **Poker**

Tuesdays at 12 p.m.

### **Quilting**

Fridays at 11:00 a.m.



### **Dominoes**

Mondays at 1:00 p.m.



### **Cribbage**

First and Third Tuesday of the month at 10:00 a.m.

### **Mah Jongg**

Tuesdays at 12:30 p.m.

### **Bridge**

First and Third Wednesday of the month at 12:30 p.m.

April 1: Kay Peterson-2030

April 16: Marcia Benson-2310

June 3-Sandy Swan-2270

**All regularly scheduled programs do not require advance registration.**

## **Meetings**

Bolton Senior Inc. Meeting - At 10:30 a.m. on Monday, July 20 and Monday, August 17.

## **Foot Care**

We host Foot Care by Nurses on the fourth Tuesday of the month by appointment.

## **Special Events**

**ALL SPECIAL EVENTS REQUIRE REGISTRATION.**

**See descriptions for applicable fees, deadlines, or space limitations.**

**Please tell us if you no longer plan to attend. There is often a waiting list.**

## **BINGO**

Thursday, July 2 and Thursday, August 6 at 1 p.m. \$1 a card to play multiple games.

## ICE CREAM SOCIAL 1990'S TRIVIA

Go back in time for some trivia fun at the Senior Center on Thursday, July 9 at 1 p.m. Join us for some friendly competition and celebrate National Ice Cream Month with a treat mid-way through the trivia game. Everyone can participate since we will have a variety of categories. We hope to see you there! Limit 28 participants.

## MAKE UP ARTIST PRESENTATION

On Thursday, July 30 at 10 a.m., Joby Rogers, a certified professional makeup artist and educator, will be demonstrating how to create a makeup style that compliments your individual features and skin tone. He will show products and tools that are must haves for your makeup collection. There will be hands-on makeup demonstrations. Participants are encouraged but not required to bring their own make-up and are also encouraged to come in make-up free. Limit 20 participants.

## BREAKFAST AT THE FARMER'S DINER

Join us for breakfast at The Farmer's Diner in Lebanon on Tuesday, August 4. You can view the menu at the front desk at the Senior Center. If time allows, we can stop at Motta's Bakery in Columbia. The van leaves at 9:15 a.m. **Please RSVP by Tuesday, July 28.** Limit 16 participants.

## CENTRAL AMERICA PRESENTATION

Pam and Bruce Wentworth kindly offered to present their vacation to Central America. They will be speaking at the Bolton Senior Center on Thursday, August 6 at 10 a.m. Come and hear about their exciting trip and sample a treat.

## MOHEGAN SUN CASINO

Take a trip with friends to Mohegan Sun on Thursday, August 13. The van leaves at 9:15 a.m. \$5 for all passengers. Limit 10 participants.

## LEARN ABOUT YOUR ELECTRICAL CHOICES

A representative from AARP will be here on Tuesday, August 18 at 10 a.m. to help you learn about your individual choices for electrical suppliers in CT. **Please bring your electrical bill for review as they will go over how to read each component** and learn to make informed choices based on your usage and where to find affordable electrical supplier information.

## GOODBYE TO SUMMER BBQ

We will be saying goodbye to summer with a Southern-style BBQ (pulled pork and brisket) and all the fixings sponsored by Senior Inc. on Thursday, August 20 at 12 p.m. The cost is \$15 with cash or checks made payable to Senior Inc. **Please RSVP by Thursday, July 30. Participants will be on a standby list until payment is made.** Limit 56 participants.

## SLIPAWAY RIVER TOURS

Please join us on a one-hour excursion on the Connecticut River leaving the Senior Center at 10:45 a.m. We will take the boat from Wethersfield Cove Park on Thursday, August 27 from 11:30-12:30 p.m. Please note that the parking lot is gravel and uneven. The van can unload near the end of the dock, and there is a ramp for dock access as well as a ramp to board the boat. No steps are required. The cost is \$14, cash only. After the cruise, we will be having lunch at Elaine's Bar and Grill in Wethersfield. You can view the menu at [www.elainesbarandgrill.com](http://www.elainesbarandgrill.com) or at the front desk at the Senior Center. **Participants will be on a standby list until payment is made. Please RSVP by Thursday, August 20.** Limit 10 participants. The captain will make the final call that morning if the weather is inclement. If he cancels the trip, we can either try to reschedule or receive a full refund.

## OUTDOOR ACTIVITIES

We have bocce and pickleball equipment available to play anytime weather permitting, let us know when you and your group would like to play.

## Social Services Corner

Bolton Social Services serves all ages, and includes the Bolton Food Pantry, holiday programs, Resident Assistance Fund, eligibility information, referral to community providers, application assistance, etc. Please call 860-647-9196 to make an appointment.

The Food Pantry is open to residents of all ages who have completed the registration form. We also have a partnership with MACC: call 860-647-8003 x128 for their separate registration. Connecticut Foodshare is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are July 14 and 28 and August 11 and 25.

## RENTERS REBATE

Renters rebate applications will be accepted until September 30 at the Assessor's Office in Town Hall. Call 860-649-8066 x 6100.

# Bolton Senior Center July 2026

Monday – Thursdays 9 a.m. to 4 p.m. Fridays 9 a.m. to 3 p.m. 860-647-9196 seniorservices@boltonct.gov

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
			1	2	3	4
			Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	<b>Bingo</b> 1:00	<b>HOLIDAY</b>	
5	6	7	8	9	10	11
	Chair Yoga 9:30 Dominoes 1:00	Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	<b>Ice Cream Social</b> <b>1990's Trivia</b> 1:00	Chair Yoga 9:30 Quilting 11:00	
12	13	14	15	16	17	18
	<b>NO CHAIR YOGA</b> Dominoes 1:00	<b>CT Sun Basketball</b> <b>9:15</b> Poker 12:00 Mah Jongg 12:30	<b>NO CHAIR YOGA</b> Set Back 12:30 Bridge 12:30	<b>"The Wild Party"</b> with lunch at <b>AC Petersen's</b> 9:30	Chair Yoga Sub 9:30 Quilting 11:00	
19	20	21	22	23	24	25
	Chair Yoga 9:30 <b>Senior Inc.</b> 10:30 Dominoes 1:00	Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30		Chair Yoga 9:30 Quilting 11:00	
26	27	28	29	30	31	
	Chair Yoga 9:30 Dominoes 1:00	<b>Footcare by Appt.</b> Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 <b>"Crazy for You"</b> <b>Goodspeed</b> 10:30	<b>Make-Up Artist</b> <b>Presentation</b> 10:00	Chair Yoga 9:30 Quilting 11:00	

# Bolton Senior Center August 2026

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SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
						1
2	3	4	5	6	7	8
	Chair Yoga 9:30 Dominoes 1:00	<b>The Farmer's Diner</b> <b>9:15</b> Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	<b>Central America</b> <b>Presentation</b> <b>10:00</b> <b>Bingo</b> <b>1:00</b>	Chair Yoga 9:30 Quilting 11:00	
9	10	11	12	13	14	15
	Chair Yoga 9:30 Dominoes 1:00	Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	<b>Mohegan Casino</b> <b>9:15</b>	Chair Yoga 9:30 Quilting 11:00	
16	17	18	19	20	21	22
	Chair Yoga 9:30 <b>Senior Inc.</b> <b>10:30</b> Dominoes 1:00	Cribbage 10:00 <b>AARP-Learn about your</b> <b>electrical choices</b> <b>10:00</b> Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	<b>BBQ Lunch</b> <b>12:00</b>	Chair Yoga 9:30 Quilting 11:00	
23	24	25	26	27	28	29
	Chair Yoga 9:30 Dominoes 1:00	<b>Footcare by Appt.</b> 12:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	<b>Slipaway River Tour</b> <b>10:45</b>	Chair Yoga 9:30 Quilting 11:00	
30	31					
	Chair Yoga 9:30 Dominoes 1:00					

**Bolton Senior Center Registration Form**

**KEEP THIS COPY: Bolton Senior Center Registration Form**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Bingo 1 p.m. \_\_\_\_ Th. 7/2 \_\_\_\_ Th. 8/6

Bingo 1 p.m. \_\_\_\_ Th. 7/2 \_\_\_\_ Th. 8/6

Ice Cream Social 1990's Trivia 1:00 p.m. \_\_\_\_ Th. 7/9

Ice Cream Social 1990's Trivia 1:00 p.m. \_\_\_\_ Th. 7/9

Make Up Artist Presentation 10:00 a.m. \_\_\_\_ Th. 7/30

Make Up Artist Presentation 10:00 a.m. \_\_\_\_ Th. 7/30

The Farmer's Diner 9:15 a.m. \_\_\_\_ Tues. 8/4

The Farmer's Diner 9:15 a.m. \_\_\_\_ Tues. 8/4

Central America Presentation 10:00 a.m. \_\_\_\_ Th. 8/6

Central America Presentation 10:00 a.m. \_\_\_\_ Th. 8/6

Mohegan Casino 9:15 a.m. \_\_\_\_ Th. 8/13 (\$5 cash only)

Mohegan Casino 9:15 a.m. \_\_\_\_ Th. 8/13 (\$5 cash only)

AARP-Learn About Your Electrical Choices  
10:00 a.m. \_\_\_\_ Tues. 8/18

AARP-Learn About Your Electrical Choices  
10:00 a.m. \_\_\_\_ Tues. 8/18

BBQ Lunch 12:00 p.m. \_\_\_\_ Th. 8/20  
(\$15 cash or check payable to Senior Inc.)

BBQ Lunch 12:00 p.m. \_\_\_\_ Th. 8/20  
(\$15 cash or check payable to Senior Inc.)

Slipaway River Tour 10:45 a.m. \_\_\_\_ Th. 8/27 (\$14 cash only)

Slipaway River Tour 10:45 a.m. \_\_\_\_ Th. 8/27 (\$14 cash only)

*Please indicate if you require transportation or driving yourself to an off-site event. You will be notified if there is a wait list.  
Please notify us of any cancellation immediately.*

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Please notify us of any cancellation immediately.*