
Bolton Senior Center

Prime Time

January and February 2025

Monday – Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 3 p.m.

860-647-9196

Director: Carrie Concatelli, MSW

Email: cconcatelli@boltonct.gov

Program Coordinator/Administrative Assistant: Mary Beth Dufresne

Email: mdufresne@boltonct.gov

Administrative Assistant: Pam Wentworth

Email: pwentworth@boltonct.gov

There is no membership to participate.

Sign in at the front door with your phone number.

First time visitors, please check in at the office.

Director's Note

Dear Senior Center Friends,

It is a pleasure to report that 450 people made over 7,000 visits to the Bolton Senior Center in 2024! We also provided over 2,000 rides throughout the year. We appreciate the frequent visits and look forward to making new memories in the new year!

Please be aware that everyone is welcome to attend any event. If you aren't sure how to sign up, please let us know and we will walk you through the registration process.

Registrations for the January/February programs will open on Monday, December 16, either in person or over the phone. Please double check your calendar when making your selections.

Carrie

Senior Center

- **Transportation** - Call to schedule in advance; subject to availability. We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority.
- **Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment. Open to residents of all ages. Registration required. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about MACC and other resources.

Holiday Closures and Schedule Changes

Town Offices are closed on the following days: Wednesday, January 1, Monday, January 20 and Monday, February 17. There is no yoga for the week of February 10.

In the event of inclement weather, please check WFSB for closures or delays. Chair yoga is cancelled when there is a delay.

Thank you

Our food pantry was generously filled thanks to Bolton High School and Bolton Center School Student Councils. We also thank Ed Bachl Jr. who donated a projector and new poker table to the center in memory of his father.

Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. Knox Boxes are available thanks to the generosity of Bolton Senior Inc. and Bolton Volunteer Fire Department. See Senior Center staff for an application.

Available Daily

The Senior Center Library has books and puzzles that you can borrow and return on the honor system. Donations of books (2015 and newer) and puzzles are accepted.

Here's What's Been Happening

These past two months we had lunch at Windham Technical High School, A.C. Petersen's followed by a musical at the Playhouse in West Hartford. We also went to Hotcakes in East Windsor then viewed the gingerbread houses in South Windsor at the Wood Library. We would like to thank Senior Inc. for hosting our annual Holiday Party at The Nutmeg Restaurant in East Windsor. Finally, we visited Bolton High School for our annual cookie tasting event.

At the Senior Center, we listened to a presentation on aging. We honored veterans at our annual lunch hosted by Senior Inc. We finished November with Bolton High School serving a delicious, light Thanksgiving lunch with dessert at the center.

AARP Tax Aide Free Tax Preparation

AARP Tax Aide Volunteers provide free Federal and State tax preparation from February through early April. This service is available for any age, income, or town residence. Appointments are required in advance and can be scheduled starting in January. An intake packet will be provided with detailed instructions for your appointment.

A note from our tax preparers: appointments fill up quickly and we encourage anyone who has a simple return to schedule earlier in the season. If any tax is owed, you can schedule a later payment. Also, please remember to take your Required Minimum Distributions by the end of 2024.

Regularly Scheduled Activities

Chair Yoga

Mondays, Wednesdays, and Fridays at 9:30 a.m. \$5 per class



Set Back

Wednesdays at 12:30 p.m.



Poker

Tuesdays at 12 p.m.

Quilting

Fridays at 11:00 a.m.



Dominoes

Mondays at 1:00 p.m.



NEW! Cribbage

First and Third Tuesday of the month at 10:00 a.m.

Mah Jongg

Tuesdays at 12:30 p.m.

Bridge

First and Third Wednesday of the month at 12:30 p.m.

Meetings

Bolton Senior Inc. Meeting – At 10:30 a.m. on Monday, January 13 and Monday, February 10.

Foot Care

We host Foot Care by Nurses on the fourth Tuesday of the month. The cost is \$45. Please call for an appointment.

Special Events

ALL SPECIAL EVENTS REQUIRE REGISTRATION.

See descriptions for applicable fees, deadlines, or space limitations.

Please let us know if you no longer plan to attend so the next person on the waiting list can be called.

BINGO

Thursday, January 2 and Thursday, February 6 at 1 p.m. \$1 a card to play multiple games.

CRIBBAGE

NEW! Come play cribbage at 10 a.m. on Tuesdays with games on January 7 and 21 and February 4 and 18. We will continue playing every first and third Tuesday if there is enough interest. Help us spread the word, the more the merrier!

HOT COCOA TRIVIA

Join us for food, fun and entertainment at the Senior Center on Thursday, January 9 at 1 p.m. We will be serving hot cocoa and cookies while we enjoy some friendly competition that everyone can participate in with a variety of categories. We hope to see you there!

LUNCH OUT AT WILLINGTON PIZZA

We will be taking a wintertime lunch trip to Wellington Pizza on Thursday, January 16. The bus will leave at 11:30 a.m. The menu can be viewed at www.willingtonpizza.com or at the front desk at the Senior Center. Please RSVP by Thursday, January 9. Limit 20 participants for the trip.

ICELAND PRESENTATION

Cheryl Udin and Sandy Casinghino kindly offered to present Cheryl's vacation to Iceland at the Bolton Senior Center on Thursday, January 23 at 10 a.m. It's all about the volcanoes! Come and hear about her exciting trip and sample a treat. There is a snow date on Tuesday, February 4.

BREAKFAST OUT AT GINA MARIE'S AND TRIP TO FLOUR GIRL BAKERY

We will be taking a trip to Gina Marie's in Hebron on Thursday, January 30. The bus will leave at 9:15 a.m. The menu can be viewed at www.ginamariesct.com or at the front desk at the Senior Center. After breakfast, we will take a short trip to the Flour Girl Bakery down the street from the restaurant. Please RSVP by Thursday, January 23. Limit 20 participants for the trip.

FIRE SAFETY PREVENTION

Fire Marshall Bill Call will be at the Senior Center on Thursday, February 6 at 10 a.m. to talk about fire safety and answer any questions you may have. He will also discuss how Knox Boxes operate and how a person can receive one.

VALENTINE'S DAY PARTY

Senior Inc. is hosting a party to celebrate all things **LOVE** on Thursday, February 13 at 12 p.m. at the Senior Center. Please RSVP by Monday, February 6.

NEW ZEALAND PRESENTATION

Pam Wentworth and her husband Bruce will be sharing photos from their vacation to New Zealand at the Bolton Senior Center on Thursday, February 20 at 10 a.m. Come and hear all about their 15 day trip! There is a snow date on Thursday, March 6.

LUNCH OUT AT OSCAR'S ALL AMERICAN GRILL

We will be taking a lunch trip to Oscar's All American Grill in South Windsor on Thursday, February 27. The bus will leave at 11:30 a.m. The menu can be viewed at www.oscarsallamericangrill.com or at the front desk at the Senior Center. Please RSVP by Thursday, February 20. Limit 20 participants for the trip.

Social Services Corner

Bolton Social Services serves all ages, and includes the Bolton Food Pantry, holiday programs, Resident Assistance Fund, eligibility information, referral to community providers, application assistance, etc. Please call 860-647-9196 to make an appointment. The Food Pantry is open to residents of all ages. We also have a partnership with MACC: call 860-647-8003 x128 for their separate registration. Connecticut Foodshare is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are January 14, 28 and February 11 and 25. Please ask for additional dates and times for other local Connecticut Foodshare locations.

Bolton Senior Center January 2025

Monday – Thursdays 9 a.m. to 4 p.m. Fridays 9 a.m. to 3 p.m. 860-647-9196 seniorservices@boltonct.gov

| SUN. | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT. |
|------|--|--|--|--|---|------|
| | | | 1 | 2 | 3 | 4 |
| | | | HOLIDAY | Bingo 1:00 | Chair Yoga 9:30 Quilting 11:00 | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | Chair Yoga 9:30 Dominoes 1:00 | Cribbage 10:00 Poker 12:00 Mah Jongg 12:30 | Chair Yoga 9:30 Set Back 12:30 | Hot Cocoa Trivia 1:00 | Chair Yoga 9:30 Quilting 11:00 | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | Chair Yoga 9:30 Senior Inc. 10:30 Dominoes 1:00 | Poker 12:00 Mah Jongg 12:30 | Chair Yoga 9:30 Set Back 12:30 Bridge 12:30 | Willington Pizza 11:30 | Chair Yoga 9:30 Quilting 11:00 | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | HOLIDAY | Cribbage 10:00 Poker 12:00 Mah Jongg 12:30 | Chair Yoga 9:30 Set Back 12:30 | Iceland Presentation 10:00 | Chair Yoga 9:30 Quilting 11:00 | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | Chair Yoga 9:30 Dominoes 1:00 | Footcare by Appt. 12:00 Poker 12:00 Mah Jongg 12:30 | Chair Yoga 9:30 Set Back 12:30 | Breakfast at Gina Marie's and Shopping at Flour Girl Bakery 9:15 | Chair Yoga 9:30 Quilting 11:00 | |

Bolton Senior Center February 2025

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|------|---|---|--|--|-----------------------------------|------|
| | | | | | | 1 |
| 2 | Chair Yoga 9:30 Dominoes 1:00 | Iceland Presentation Snow Date 10:00 Cribbage 10:00 Poker 12:00 Mah Jongg 12:30 | Chair Yoga 9:30 Set Back 12:30 Bridge 12:30 | Fire Safety Prevention 10:00 Bingo 1:00 | Chair Yoga 9:30 Quilting 11:00 | 8 |
| 9 | Tax Aide by Appt. NO CHAIR YOGA Senior Inc. 10:30 Dominoes 1:00 | Poker 12:00 Mah Jongg 12:30 | Tax Aide by Appt. NO CHAIR YOGA Set Back 12:30 | Valentine's Day Party Noon | NO CHAIR YOGA Quilting 11:00 | 15 |
| 16 | HOLIDAY | Cribbage 10:00 Poker 12:00 Mah Jongg 12:30 | Tax Aide by Appt. Chair Yoga 9:30 Set Back 12:30 Bridge 12:30 | New Zealand Presentation 10:00 | Chair Yoga 9:30 Quilting 11:00 | 22 |
| 23 | Tax Aide by Appt. Chair Yoga 9:30 Dominoes 1:00 | Footcare by Appt. Poker 12:00 Mah Jongg 12:30 | Tax Aide by Appt. Chair Yoga 9:30 Set Back 12:30 | Oscar's All American Grill 11:30 | Chair Yoga 9:30 Quilting 11:00 | 28 |

Bolton Senior Center Registration Form

Name: _____ Date: _____

Bingo 1 p.m. ____ Th. 1/2 ____ Th. 2/6

Hot Cocoa Trivia 1 p.m. ____ Th. 1/9

Willington Pizza 11:30 a.m. ____ Wed. 1/16

Iceland Presentation 10 a.m. ____ Th. 1/23

Gina Marie's Restaurant 9:15 a.m. ____ Th. 1/30

Iceland Presentation Snow Date 10 a.m. ____ Th. 2/4

Fire Safety Prevention 10 a.m. ____ Th. 2/6

Valentine's Day Party 12 p.m. ____ Th. 2/13

New Zealand Presentation 10 a.m. ____ Th. 2/20

Oscar's All American Grill 11:30 a.m. ____ Th. 2/27

New Zealand Presentation Snow Date 10 a.m. ____ Th. 3/6

Please indicate if you require transportation. Please indicate if you are driving yourself to an off-site event. You will be notified if there is a wait list.

Please notify us of any cancellation immediately.

KEEP THIS COPY: Bolton Senior Center Registration Form

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Bingo 1 p.m. ____ Th. 1/2 ____ Th. 2/6

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Willington Pizza 11:30 a.m. ____ Wed. 1/16

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