
BOLTON SENIOR CENTER PRIME TIME

July and August 2025

Monday – Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 3 p.m.

860-647-9196

Director: Carrie Concatelli, MSW

Email: cconcatelli@boltonct.gov

Program Coordinator/Administrative Assistant: Mary Beth Dufresne

Email: mdufresne@boltonct.gov

Administrative Assistant: Pam Wentworth

Email: pwentworth@boltonct.gov

There is no membership to participate.

Sign in at the front door with your phone number.

First time visitors, please check in at the office.

Director's Note

Dear Senior Center Friends,

Please join me in welcoming our new Van Driver Ricky Kauffman! We are happy to have him part of our Senior Center team!

Registrations for the July and August programs will open on Monday, June 23 either in person or over the phone. Please double check your calendar when making your selections. **Payments are due at time of registration; you will be on standby if unpaid.** It is strongly recommended to sign up for presentations at the Senior Center because if a presentation is cancelled, we can notify you of the cancellation.

Carrie

Safety Alert

Please DO NOT enter our parking lot from the school driveway, it is an exit only!

Senior Center

- **Transportation** - Call to schedule in advance; subject to availability.
We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority.
- **Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment.
Open to residents of all ages. Registration required. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about MACC and other resources.

Holiday Closures and Schedule Changes

Town Offices are closed on Friday, July 4. There is no yoga for the week of July 21. Bingo is at a different time in July (10 a.m.)

Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. This grant funded program is free to participate. See Senior Center staff for an application.

Available Daily

The Senior Center Library has books and puzzles that you can borrow and return on the honor system. Donations of books (2017 and newer) and puzzles are accepted.

Herb Garden

Next to the patio at the back of the Senior Center is the herb garden that the Garden Committee maintains. Herbs are available to take home all summer, please help yourself or ask a staff member for assistance.

Here's What's Been Happening

Our spring trips began with an informational visit to Oakridge Dairy Farm followed by lunch at LuAnn's Bakery in Ellington. We enjoyed our last delicious lunch of the school year at Windham Tech as well as a much-anticipated return to Mohegan Sun Casino. We are anticipating our visits to Lavender Pond Farm in Killingworth followed by lunch at River: A Waterfront Restaurant in Wethersfield.

At the Senior Center, Bingo is becoming very popular with big winnings!! Everyone enjoyed our Italian Pranzo (Lunch) with great food and friends. Cheryl Udin did a great job detailing her trip to Iceland with lots of interest from the attendees.

Regularly Scheduled Activities

Chair Yoga

Mondays, Wednesdays, and Fridays at 9:30 a.m. \$5 per class

Set Back

Wednesdays at 12:30 p.m.

Poker

Tuesdays at 12 p.m.

Quilting

Fridays at 11:00 a.m.

Dominoes

Mondays at 1:00 p.m.

Cribbage

First and Third Tuesday of the month at 10:00 a.m.



Mah Jongg
Tuesdays at 12:30 p.m.

Bridge
First and Third Wednesday of the month at 12:30 p.m.

April 2: Kay Peterson 3240 --- April 16: Betty Aiken 3470
May 7: Cathy Sprecher 2190 --- May 21: Cathy Sprecher 1970
June 4: Kay Peterson 2510

All regularly scheduled programs do not require advance reservation.

Meetings

Bolton Senior Inc. Meeting – At 10:30 a.m. on Monday, July 21 and Monday, August 18.

Foot Care

We host Foot Care by Nurses on the fourth Tuesday of the month. The cost is \$45.
Please call for an appointment.

Special Events

ALL SPECIAL EVENTS REQUIRE REGISTRATION.

See descriptions for applicable fees, deadlines, or space limitations.

Please let us know if you no longer plan to attend, we may have a waiting list.

BINGO

Please note that Bingo will be at 10 a.m. on Thursday, July 3 and 1 p.m. on Thursday, August 7. \$1 a card to play multiple games.

BREAKFAST OUT AT FAMILY PIZZA RESTAURANT

We will continue to enjoy our breakfast excursions by eating at Family Pizza Restaurant in Colchester on Tuesday, July 8. After breakfast, if there is time, we will take a trip to nearby Angelo's Bakery for their delicious treats. The van will leave the Senior Center at 8:45 a.m. Limit 20 participants for the trip.

50'S AND 60'S TRIVIA

Go back in time for some trivia fun at the Senior Center on Thursday, July 10 at 1 p.m. We will enjoy some friendly competition and serve ice cream floats mid-way through the trivia game. Everyone can participate since we will have a variety of categories. We hope to see you there! Limited to 28 participants.

BUTTONWOOD FARM

Each year, Buttonwood Farm in Griswold plants over 14 acres of sunflowers and harvests approximately 300,000 blooms for your viewing pleasure and to benefit the Make-A-Wish Foundation of Connecticut, a non-profit organization dedicated to granting wishes to children with critical illnesses. Sunflowers are available while supplies last. You can cut your own sunflowers with a \$3 per flower donation and a \$3 admission fee to support the Make-A-Wish Foundation of Connecticut. 100% of the proceeds of the sunflower sales are given directly to Make-A-Wish, as well as proceeds from their t-shirt sales which feature a unique sunflower design each season. After viewing the sunflowers, treat yourself to homemade ice cream at the farm.

We will be leaving the Senior Center on Thursday, July 17 at 9:15 a.m. Please bring water, a hat and sunblock since the event will be outdoors. There are port-a-potties available. The bus will park in a field close to the farm. We cannot drop passengers off at the farm. We have been advised that walkers and wheelchairs are hard to navigate on the dirt ground. We will be leaving the farm at approximately 11:30 a.m. to have lunch at Willimantic Brewing Company.

If it rains, we will contact participants that morning to cancel, but we will have lunch with the van leaving the Senior Center at 11:15 a.m. Limit 20 participants for the trip.

LUNCH OUT AT TOAST

We will be traveling to Toast in Mansfield on Wednesday, July 23 for lunch. The van leaves the Senior Center at 10:45 a.m. After lunch, we will drive a short distance to UConn Dairy for dessert. Limit 20 participants for the trip.

HOME HEALTH CARE PRESENTATION

Ann Morano, RN from Visiting Nurse & Health Services of Connecticut will discuss what home health care services are available, how insurance works, and what homebound status means. She will discuss how you can have just one service such as PT and what services require a physician's order or hospital discharge order. Please join us at the

Bolton Senior Center on Thursday, July 24 at 10 a.m. We will celebrate National Blueberry Month with muffins.

CASINO

Take a trip with friends to Mohegan Sun Casino on Friday, July 25. The van leaves at 9:15. \$5 for all passengers. Limit 20 participants for each trip.

THIMBLE ISLAND CRUISE WITH LUNCH

Due to the popularity of last year's trip to the Thimble Islands, we are offering two trips this year to enjoy a morning on the water with a 45-minute narrated cruise on the Sea Mist. **The first trip will be on Thursday, August 14 and the second trip will be on Friday, August 22 and the bus will be leaving the Senior Center at 8:30 a.m. both days.** The cost of each boat ride is \$17 which can be paid that morning. Please bring water, a hat and sunblock since the event will be outdoors. There is a bathroom available on the boat. We have been advised that there is no wheelchair accessibility for the boat. The captain will make the final call each morning for our 10:15 a.m. trips if the weather is inclement. If he cancels either trip, we will still have lunch at Chip's Pub in Clinton on both days. The menu can be found at www.chipspub3.com or at the front desk at the Senior Center. Limit 20 participants for each trip. When registering, please specify if you prefer date one, date two, or are willing to be selected for either date.

GOODBYE TO SUMMER BBQ

We will be saying goodbye to summer with a Southern-style BBQ (pulled pork and brisket) and all the fixings sponsored by Senior Inc. on Thursday, August 21 at 11:15 a.m. Please RSVP by August 14. The cost is \$15 with cash or checks made payable to Senior Inc.

LAOS PRESENTATION

Bruce and Pam Wentworth kindly offered to present their vacation to Laos located in Southeast Asia at the Bolton Senior Center on Thursday, August 28 at 10 a.m. It's all about the lush landscape! Come and hear about their exciting trip and sample a treat.

ICE CREAM SOCIAL HOSTED BY ARBORS OF HOP BROOK

Arbors of Hop Brook in Manchester is hosting an informational session at the Senior Center on Thursday, August 28 at 1 p.m. They will be talking about their facility as well as providing ice cream sundaes. Please RSVP by August 21.

OUTDOOR ACTIVITIES

This summer, join us for bocce, pickleball, and a variety of lawn games. We will post additional information once construction is completed.

Save the Date

The Tolland County Seniorhood Fair will be on Saturday, October 25 from 9:30 a.m. to 2 p.m. at Vernon Center Middle School, 777 Hartford Turnpike (Route 30) Vernon. This indoor fair will have many local resources, educational speakers, free food, and hands-on exhibits. Come visit Carrie at the Senior Center booth and view chair yoga demonstrations by our instructor, Lisa Gaumond! Drug Take Back Day will be held in the parking lot to provide safe disposal of expired or unwanted medications. We hope to see you there!

Social Services Corner

Bolton Social Services serves all ages, and includes the Bolton Food Pantry, holiday programs, Resident Assistance Fund, eligibility information, referral to community providers, application assistance, etc. Please call 860-647-9196 to make an appointment.

The Food Pantry is open to residents of all ages. We also have a partnership with MACC: call 860-647-8003 x128 for their separate registration. Connecticut Foodshare is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are July 1, 15, 29 and August 12 and 26.

Renters Rebate

Applications are filed in the Assessor's Office at Town Hall (860-649-8066 ext. 6100). Applicants must be over age 65 or totally disabled, with an income limit of \$45,200 single or \$55,100 couple. Renters Rebate is open until September 30, 2025.

Bolton Senior Center July 2025

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SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		1	2	3	4	5
		Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	Bingo 10:00 PLEASE NOTE TIME CHANGE!	HOLIDAY	
6	7	8	9	10	11	12
	Chair Yoga 9:30 Dominoes 1:00	Breakfast at Family Pizza Restaurant 8:45 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Joseph and The Amazing Technicolor Dreamcoat 10:15 Set Back 12:30	50's and 60's Trivia 1:00	Chair Yoga 9:30 Quilting 11:00	
13	14	15	16	17	18	19
	Chair Yoga 9:30 Dominoes 1:00	Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	Buttonwood Farm 9:15	Chair Yoga 9:30 Quilting 11:00	
20	21	22	23	24	25	26
	NO CHAIR YOGA Senior Inc. 10:30 Dominoes 1:00	Footcare by Appt. Poker 12:00 Mah Jongg 12:30	NO CHAIR YOGA Toast for lunch 10:45 Set Back 12:30	Home Healthcare Presentation 10:00	NO CHAIR YOGA Mohegan Casino 9:15 Quilting 11:00	
27	28	29	30	31		
	Chair Yoga 9:30 Dominoes 1:00	Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	All Shook Up at Goodspeed 10:30		

Bolton Senior Center August 2025

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SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
					1 Chair Yoga 9:30 Quilting 11:00	2
3	4 Chair Yoga 9:30 Dominoes 1:00	5 Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	6 Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	7 Bingo 1:00	8 Chair Yoga 9:30 Quilting 11:00	9
10	11 Chair Yoga 9:30 Dominoes 1:00	12 Song, Dance & Romance at Aqua Turf 10:00 Poker 12:00 Mah Jongg 12:30	13 Chair Yoga 9:30 Set Back 12:30	14 Thimble Island #1 Cruise 8:30	15 Chair Yoga 9:30 Quilting 11:00	16
17	18 Chair Yoga 9:30 Senior Inc. 10:30 Dominoes 1:00	19 Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	20 Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	21 BBQ Lunch 11:15	22 Thimble Island #2 Cruise 8:30 Chair Yoga 9:30 Quilting 11:00	23
24	25 Chair Yoga 9:30 Dominoes 1:00	26 Footcare by Appt. Poker 12:00 Mah Jongg 12:30	27 Chair Yoga 9:30 Set Back 12:30	28 Laos Presentation 10:00 Ice Cream Social hosted by Arbors of Hop Brook 1:00	29 Chair Yoga 9:30 Quilting 11:00	30
31						

Bolton Senior Center Registration Form

Name: _____ Date: _____

Bingo 10 a.m. ____ Th. 7/3 PLEASE NOTE TIME CHANGE!!

Breakfast at Family Pizza Restaurant 8:45 a.m. ____ Tues. 7/8

50's and 60's Trivia 1:00 p.m. ____ Th. 7/10

Buttonwood Farm 9:15 a.m. ____ Th. 7/17

Toast for lunch 10:45 a.m. ____ Wed. 7/23

Home Healthcare Presentation 10:00 a.m. ____ Th. 7/24

Mohegan Casino 9:15 a.m. (\$5) ____ Fri. 7/25

Bingo 1 p.m. ____ Th. 8/7

Thimble Island Cruise #1 8:30 a.m. ____ Th. 8/14

BBQ Lunch 11:15 a.m. (\$15) ____ Th. 8/21

Thimble Island Cruise #2 8:30 a.m. ____ Fri. 8/22

Laos Presentation 10:00 a.m. ____ Th. 8/28

Ice Cream Social hosted by Arbors of Hop Brook 1:00 p.m.
____ Th. 8/28

Please indicate if you require transportation. Please indicate if you are driving yourself to an off-site event. You will be notified if there is a wait list.

Please notify us of any cancellation immediately.

KEEP THIS COPY: Bolton Senior Center Registration Form

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BBQ Lunch 11:15 a.m. (\$15) ____ Th. 8/21

Thimble Island Cruise #2 8:30 a.m. ____ Fri. 8/22

Laos Presentation 10:00 a.m. ____ Th. 8/28

Ice Cream Social hosted by Arbors of Hop Brook 1:00 p.m.
____ Th. 8/28

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