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# **Bolton Senior Center**

## **Prime Time**

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**March and April 2025**

**Monday – Thursday 9 a.m. to 4 p.m.**

**Friday 9 a.m. to 3 p.m.**

**860-647-9196**

**Director: Carrie Concatelli, MSW**

Email: [cconcatelli@boltonct.gov](mailto:cconcatelli@boltonct.gov)

**Program Coordinator/Administrative Assistant: Mary Beth Dufresne**

Email: [mdufresne@boltonct.gov](mailto:mdufresne@boltonct.gov)

**Administrative Assistant: Pam Wentworth**

Email: [pwentworth@boltonct.gov](mailto:pwentworth@boltonct.gov)

**There is no membership to participate.**

Sign in at the front door with your phone number.

First time visitors, please check in at the office.

## Director's Note

Dear Senior Center Friends,

In December, many of you voted for fire prevention posters created by students at Bolton Center School. We are excited to announce that the fifth-grade poster you selected won first place in the Tolland County competition! Thanks for your participation!

**Registrations for the March/April programs will open on Tuesday February 18, either in person or over the phone.** Please double check your calendar when making your selections.

Carrie

## Senior Center

- **Transportation** - Call to schedule in advance; subject to availability. We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority.
- **Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment. Open to residents of all ages. Registration required. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about MACC and other resources.

## Holiday Closures and Schedule Changes

Town Offices are closed on Friday, April 18. There is no yoga for the week of April 7.

In the event of inclement weather, please check WFSB for closures or delays. Chair yoga is cancelled when there is a delay.

## In Remembrance

A moment of remembrance for the Senior Center participants we recently lost: Kathleen Sweeney (yoga), Cynthia Healey (mahjongg), and friends of the Senior Center Patti Zemke, George Jurkovic (age 105!) and Bob Lessard. We also acknowledge the loss of Alison Romkey, who chaired the Bolton Women's Club Tea Party event for us. All will be missed.

## Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. Knox Boxes are available thanks to the generosity of Bolton Senior Inc. and Bolton Volunteer Fire Department. See Senior Center staff for an application.

## Available Daily

The Senior Center Library has books and puzzles that you can borrow and return on the honor system. Donations of books (2016 and newer) and puzzles are accepted.

## Here's What's Been Happening

We visited Willington Pizza for lunch and then shopped at the Tolland Red and White General Store. We had a fun time with Hot Cocoa Trivia so look for more trivia events in the future. A few of our events had to be postponed due to extenuating circumstances, but we will offer them again soon. We appreciate your patience.

## AARP Tax Aide Free Tax Preparation

AARP Tax Aide Volunteers provide free Federal and State tax preparation. This service is available for any age, income, or town residence. Appointments are required. An intake packet will be provided with detailed instructions.

## Regularly Scheduled Activities

### Chair Yoga

Mondays, Wednesdays, and Fridays at 9:30 a.m. \$5 per class

### Set Back

Wednesdays at 12:30 p.m.



### Poker

Tuesdays at 12 p.m.

### Quilting

Fridays at 11:00 a.m.

### Dominoes

Mondays at 1:00 p.m.



## **Cribbage**

First and Third Tuesday of the month at 10:00 a.m.

## **Mah Jongg**

Tuesdays at 12:30 p.m.

## **Bridge**

First and Third Wednesday of the month at 12:30 p.m.

Nov. 6: Ann Carmody-1730 Nov. 20: Kay Peterson-2460 Dec. 4: Ann Carmody-2480

Dec. 18: Cathy Sprecker-4550 Jan. 15: Kay Peterson-1760 Jan 29: Cathy Sprecher-3380

## **Meetings**

Bolton Senior Inc. Meeting – At 10:30 a.m. on Monday, March 17 and Monday, April 21.  
Senior Commission-At 12:00 p.m. on Tuesday, March 4.

## **Foot Care**

We host Foot Care by Nurses on the fourth Tuesday of the month. The cost is \$45.  
Please call for an appointment.

## **Special Events**

**ALL SPECIAL EVENTS REQUIRE REGISTRATION.**

**See descriptions for applicable fees, deadlines, or space limitations.**

**Please let us know if you no longer plan to attend so the next person on the waiting list can be called.**

## **NEW ZEALAND PRESENTATION**

Pam Wentworth and her husband Bruce will be sharing photos from their vacation to New Zealand at the Bolton Senior Center on Thursday, March 6 at 10 a.m.

## **BINGO**

Thursday, March 6 and Thursday, April 3 at 1 p.m. \$1 a card to play multiple games.

## DECLUTTERING PRESENTATION

This is the first presentation in a three-part series called “Getting Your House in Order” at the Bolton Senior Center. Ann Morano, RN from Visiting Nurse & Health Services of Connecticut will provide you with tips to downsize and better utilize living space because decluttering your house can be overwhelming. Please join us at the Bolton Senior Center on Tuesday, March 11 at 10 a.m.

## MARCH MADNESS LUNCH

The Senior Center will be hosting lunch to celebrate March Madness. Please join us for pizza, salad and dessert while wearing your favorite sports team apparel (not just basketball!) on Thursday, March 13 at 12 p.m. at the Senior Center. Please RSVP by Thursday, March 6.

## LEARN ABOUT “PEARLS FROM CAROL”

Albert Ruggiero, husband of Carol Ruggiero, will read excerpts from his late wife’s book, “Pearls from Carol,” on Thursday, March 20 at 10:30 a.m. at the Senior Center. Albert discovered her anecdotes in their desk and compiled them into a book. If you enjoy laughing and can relate to heartwarming short stories, please join us for this event. It will make you laugh out loud and ponder the important things in life. You can read about Carol at [www.carolruggiero.com](http://www.carolruggiero.com). We will be celebrating National Peanut Butter month at this event with coffee and treats.

## BREAKFAST OUT AT VERNON DINER

We will be taking a breakfast trip to Vernon Diner on Friday, March 21. The van leaves at 9:15 a.m. The menu can be viewed at [www.vernondiner.com](http://www.vernondiner.com) or at the front desk at the Senior Center. Please RSVP by Thursday, March 13. Limit 20 participants for the trip.

## AARP DRIVER SAFETY COURSE

This is the second presentation in a three-part series called “Getting Your House in Order” at the Bolton Senior Center. We are hosting the AARP Driver Safety Course on Thursday, March 27 from 9:30 a.m.-1:30 p.m. This is a four-hour class designed to remind you of the rules of the road. Participants age 60+ may receive a discount on their auto insurance policy. The cost is \$20 for AARP members and \$25 for non-members. Payment is due the day of the class either by cash or check made payable to AARP.

## LUNCH OUT AT WINDHAM TECH

We will enjoy a delicious meal created and served by Windham Tech Culinary students on Tuesday, April 8. The cost is \$15 per person, **cash only**. Registration, including lunch selection and payment, is due by Tuesday, April 1 with no refunds after that date. The van leaves the Senior Center promptly at 10:15 a.m. with a limit of 21 participants.

## DIETICIAN FROM SHOPRITE

Sarabeth Campanelli, a dietician from Shop Rite, will be at the Senior Center on Thursday, April 10 at 10 a.m. to talk about ways to eat and stay healthy as we welcome springtime. She will be creating delicious recipes that will help us stay fit but taste great!

## TEA PARTY

We cordially invite you to a tea party on Thursday, April 17 at 12 p.m. at the Senior Center. Delectable sandwiches, desserts, teas and other delights will be served while wearing festive hats to brighten the afternoon. Please RSVP to the Senior Center by Thursday, April 10.

## NEEDLE FELTING CLASS

On Tuesday, April 22 at 10 a.m. join us as we each create our own adorable bunny from start to finish with wool using felting needles. Diana Sheard will guide us as we laugh a little and create a lot! Whether you're a newbie or have done this before, you will have fun with friends. An example of the completed bunnies can be viewed at the front desk. All supplies are included. Limit 15 people for the class. Please RSVP to the Senior Center by Tuesday, April 15.

## LUNCH AT SADLER'S RESTAURANT

Come join us as we celebrate what remains of winter at Sadler's Restaurant in Marlborough on Thursday, April 24. The van will be leaving the Senior Center at 11:30 a.m. Limit 20 participants.

## PROBATE PRESENTATION

This is the third presentation in a three-part series called "Getting Your House in Order" at the Bolton Senior Center. On Tuesday, April 29 at 10 a.m., Attorney Brendan Daly, Managing Partner at the law firm of Czepiga Daly Pope and Perri, will explain who takes charge of a will after someone dies, what happens if someone dies without a will, how to avoid a lengthy probate process, and how tools such as a living trust can help avoid probate.

## “THE BARONESS” HILARIOUS NEW COMEDY

“The Baroness” is playing at the Playhouse on Park in West Hartford on Tuesday, June 17 at 2 p.m. This comedy has Baroness Elsa Schraeder arriving at the Von Trapp mansion to seal her engagement to Austria’s most eligible bachelor, Georg Von Trapp. The Baroness doesn’t count on a nun to muck up her plans. Refusing to let a dowdy governess get the better of her, The Baroness takes to her room to plot her revenge, when a certain telegram delivery boy climbs through her window. See what ensues!!

The van leaves at 11:30 a.m. for lunch at A.C. Petersen’s Farm in West Hartford.

Listening devices are available at the box office. **Tickets are \$45 per person, non-refundable and due in full by Tuesday, April 15. Checks can be made payable to the Town of Bolton. Limit 14 participants.**

## “JOSEPH AND THE AMAZING TECHNICOLOR DREAM COAT”

This colorful musical tells the biblical story of Joseph and his coat of many colors. It is a tale of faith and perseverance presented with a vibrant pop and rock-infused score that audiences of all ages will enjoy. It will be shown at the Ivoryton Playhouse in Essex on Wednesday, July 9 at 2 p.m.

The van leaves at 10:15 a.m. for lunch at The Blue Hound Cookery and Tap Room.

The theater has 10 hearing devices at the box office. There will be a 15-minute intermission. **Tickets are \$48 per person, non-refundable and due in full by Wednesday, April 30. Checks can be made payable to the Town of Bolton. Limit 20 participants.**

## Social Services Corner

### Elderly and Totally Disabled Homeowner’s Exemption Program

Applications can be filed in the Assessor’s Office at Town Hall (860-649-8066 ext. 6100) until May 13, 2025. Applicants must be over age 65 or totally disabled, with an income limit of \$45,200 single or \$55,100 couple.

# Bolton Senior Center March 2025

Monday – Thursdays 9 a.m. to 4 p.m. Fridays 9 a.m. to 3 p.m. 860-647-9196 seniorservices@boltonct.gov

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
						1
2	<b>Tax Aide by Appt.</b> Chair Yoga 9:30 Dominoes 1:00	Cribbage 10:00 Poker 12:00 <b>Commission 12:00</b> Mah Jongg 12:30	<b>Tax Aide by Appt.</b> Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	<b>New Zealand Presentation 10:00</b> <b>Bingo 1:00</b>	Chair Yoga 9:30 Quilting 11:00	8
9	<b>Tax Aide by Appt.</b> Chair Yoga 9:30 Dominoes 1:00	<b>Decluttering Presentation 10:00</b> Poker 12:00 Mah Jongg 12:30	<b>Tax Aide by Appt.</b> Chair Yoga 9:30 Set Back 12:30	<b>March Madness Lunch 12:00</b>	Chair Yoga 9:30 Quilting 11:00	15
16	<b>Tax Aide by Appt.</b> Chair Yoga 9:30 <b>Senior Inc. 10:30</b> Dominoes 1:00	Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	<b>Tax Aide by Appt.</b> Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	<b>Pearls from Carol 10:30</b>	<b>Vernon Diner 9:15</b> Chair Yoga 9:30 Quilting 11:00	22
23	<b>Tax Aide by Appt.</b> Chair Yoga 9:30 Dominoes 1:00	<b>Footcare by Appt.</b> Poker 12:00 Mah Jongg 12:30	<b>Tax Aide by Appt.</b> Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	<b>AARP Driver Safety Course 9:30-1:30</b>	Chair Yoga 9:30 Quilting 11:00	29
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					<b>Food Pantry</b> Mon/Wed/Thurs. 9:30 – 3:30 Or by Appointment	





### Bolton Senior Center Registration Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Bingo 1 p.m. \_\_\_\_ Th. 3/6 \_\_\_\_ Th. 4/3

Decluttering Presentation 10 a.m. \_\_\_\_ Tues. 3/11

March Madness Lunch 12 p.m. \_\_\_\_ Th. 3/13

"Pearls from Carol" 10:30 a.m. \_\_\_\_ Th. 3/20

Vernon Diner 9:15 a.m. \_\_\_\_ Fri. 3/21

Driver Safety 9:30 a.m. (\$20 or \$25 Cash/Check to AARP) \_\_\_\_ Th. 3/27

Windham Tech Lunch 10:15 a.m. (\$15 Cash only) \_\_\_\_ Tues. 4/8

Meal: Stuffed Sole OR Beef Bourguignon OR Chicken Ceasar Salad

Dessert: Berry Cobbler OR Carrot Cake OR Chocolate Buttercream Torte with Nuts

Shop Rite Dietician 10 a.m. \_\_\_\_ Th. 4/10

Tea Party 12 p.m. \_\_\_\_ Th. 4/17

Needle Felting Class 10 a.m. \_\_\_\_ Tues. 4/22

Sadler's Restaurant 11:30 a.m. \_\_\_\_ Th. 4/24

Probate Presentation 10 a.m. \_\_\_\_ Tues. 4/29

"The Baroness" 11:30 a.m. (\$45 Check only) \_\_\_\_ Tues. 6/17

"Joseph and the Amazing Technicolor Dream Coat 10:15 a.m. (\$48 Check only) \_\_\_\_ Wed. 7/9

*Please indicate if you require transportation. Please indicate if you are driving yourself to an off-site event. You will be notified if there is a wait list. Please notify us of any cancellation immediately.*

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