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# **BOLTON SENIOR CENTER PRIME TIME**

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**May and June 2025**

**Monday – Thursday 9 a.m. to 4 p.m.**

**Friday 9 a.m. to 3 p.m.**

**860-647-9196**

**Director: Carrie Concatelli, MSW**

Email: [cconcatelli@boltonct.gov](mailto:cconcatelli@boltonct.gov)

**Program Coordinator/Administrative Assistant: Mary Beth Dufresne**

Email: [mdufresne@boltonct.gov](mailto:mdufresne@boltonct.gov)

**Administrative Assistant: Pam Wentworth**

Email: [pwentworth@boltonct.gov](mailto:pwentworth@boltonct.gov)

**There is no membership to participate.**

Sign in at the front door with your phone number.

First time visitors, please check in at the office.

## Director's Note

Dear Senior Center Friends,

May is Older Americans Month. This year's theme is "Flip the Script on Aging" to consider how society perceives, talks about, and approaches aging. What is something you do or don't do because you think it makes you appear older or younger?

**Registrations for the May/June programs will open on Monday, April 21 either in person or over the phone.** Please double check your calendar when making your selections. **Payments are due at time of registration; you will be on standby if unpaid.** It is strongly recommended to sign up for presentations at the Senior Center because if a presentation is cancelled, we can notify you.

Carrie

## Safety Alert

Do not enter our parking lot from the school driveway, it is an exit only!

## Senior Center

- **Transportation** - Call to schedule in advance; subject to availability. We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority.
- **Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment. Open to residents of all ages. Registration required. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about MACC and other resources.

## Holiday Closures and Schedule Changes

Town Offices are closed on Monday, May 26. There is no yoga on Friday, June 6.

## In Remembrance

We recently lost some Senior Center friends: Linda Hennequin, Dorothy Rose and Richard Molloy. We remember Helen Winkler, former secretary of Senior Inc., and Pat Morianos, who served on the Senior Center Building Committee. Our thoughts are with all their families.

## Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. This grant funded program is free to participate. See Senior Center staff for an application.

## Available Daily

The Senior Center Library has books and puzzles that you can borrow and return on the honor system. Donations of books (2017 and newer) and puzzles are accepted.

## Here's What's Been Happening

At the Senior Center, we heard about Pam and Bruce's wonderful trip to New Zealand, learned tips on how to declutter and enjoyed a delicious lunch celebrating March Madness. We braved the rain and cold for breakfast at Vernon Diner and enjoyed the spring weather with lunch at Windham Tech. This month we look forward to lunch at Sadler's, sipping tea with friends, learning about eating healthy, how probate administration works and how to make a needle felting bunny in time for spring.

## Regularly Scheduled Activities

### Chair Yoga

Mondays, Wednesdays, and Fridays at 9:30 a.m. \$5 per class



### Set Back

Wednesdays at 12:30 p.m.



### Poker

Tuesdays at 12 p.m.

### Quilting

Fridays at 11:00 a.m.



### Dominoes

Mondays at 1:00 p.m.



### Cribbage

First and Third Tuesday of the month at 10:00 a.m.

### Mah Jongg

Tuesdays at 12:30 p.m.

## **Bridge**

First and Third Wednesday of the month at 12:30 p.m.

Feb 5: Betty Aitkin 3020 --- Feb 19: Sandy Swan 3080

March 5: Ann Carmody 2770 --- March 19: Cathy Sprecher 2540

**All regularly scheduled programs do not require advance reservation.**

## **Meetings**

Bolton Senior Inc. Meeting – At 10:30 a.m. on Monday, May 19 and Monday, June 16.  
Senior Commission – At 12:00 p.m. on Tuesday, June 3.

## **Foot Care**

We host Foot Care by Nurses on the fourth Tuesday of the month. The cost is \$45.  
Please call for an appointment.

## **Special Events**

**ALL SPECIAL EVENTS REQUIRE REGISTRATION.**

**See descriptions for applicable fees, deadlines, or space limitations.**

**Please let us know if you no longer plan to attend, we may have a waiting list.**

## **BINGO**

Thursday, May 1 and Thursday, June 5 at 1 p.m. \$1 a card to play multiple games.

## **OAKRIDGE DAIRY FARM AND LUNCH**

Join us for a springtime trip on Thursday, May 8 to Oakridge Dairy Farm in Ellington for a 45-minute tour of the farm in our van and enjoy fresh farm milk samples. This dairy makes milk for Modern Milkman. Once we arrive, there are restrooms available before the tour starts in the comfort of our senior van. From birthing calves, managing the land, feeding the herd and milking cows, there's a lot to learn!! You can get more information at [www.oakridgedairy.com](http://www.oakridgedairy.com). After the tour, we will have lunch at LuAnn's Bakery and Café. Please RSVP and make your lunch choice by Monday, May 5. The menu can be viewed at the front desk at the Senior Center. Limit 20 participants for the trip. The van leaves at 9:15 a.m.

## LUNCH OUT AT WINDHAM TECH

We will enjoy a delicious meal created and served by Windham Tech Culinary students on Tuesday, May 13. This is the last trip of the school year. **The cost is \$15 per person, cash only. Participants will be on a standby list until their lunch selection and payment is made. There will be no refunds after Tuesday, May 6.** The van leaves the Senior Center promptly at 10:15 a.m. with a limit of 21 participants.

## ITALIAN PRANZO (LUNCH)

The Senior Center will be hosting an Italian lunch on Thursday, May 15 at 12 p.m. Please join us for Italian food and dessert while celebrating all things Italian. Please RSVP by Thursday, May 8.

## CASINO

Take a trip with friends to Mohegan Sun on Thursday, May 22. The van leaves at 9:15. \$5 for all passengers. Limit 20 participants for each trip. Please call the Senior Center to sign up to join this event.

## ICELAND PRESENTATION

Cheryl Udin and Sandy Casinghino kindly offered to present Cheryl's vacation to Iceland at the Bolton Senior Center on Thursday, May 29 at 10 a.m. It's all about the volcanoes! Come and hear about her exciting trip and sample a treat.

## FIRE SAFETY

Fire Marshal Bill Call will be at the Senior Center on Thursday, June 12 at 11 a.m. to talk about fire safety and answer any questions you may have. He will also discuss how Knox Boxes operate and share important information about batteries.

## WELCOME TO THE SUMMER COOKOUT

We will be grilling hamburgers and dishing up some baked beans and coleslaw for our Welcome to the Summer Cookout on Thursday, June 19 at 12 p.m. Come by for all the fixings and enjoy time with friends. There is a \$5 suggested donation to support the Bolton PTA Playground Fund. Please RSVP by Thursday, June 12.

## LAVENDER POND FARM AND LUNCH

Join us for an early summer trip on Thursday, June 26 to Lavender Pond Farm in Killingworth. They have over 10,000 lavender plants to view, a gift shop to peruse, stroll around the pond and see the covered bridge and relax. You can get more information at

[www.lavenderpondfarm.com](http://www.lavenderpondfarm.com). We will then have lunch at River: A Waterfront Restaurant in Wethersfield. Please RSVP by Thursday, June 12. The menu can be viewed at the front desk at the Senior Center or at [www.riverontheriver.com](http://www.riverontheriver.com). Limit 20 participants for the trip. The van leaves at 9:15 a.m.

### **“ALL SHOOK UP” AT GOODSPEED**

The legendary songs of Elvis Presley ignite a rocking romp set in the Fabulous '50s at Goodspeed on Thursday, July 31. When a guitar-playing stranger on a motorcycle roars into a sleepy town, nothing will be the same. Boy meets girl and soon everybody can't help falling in love. Mistaken identity, mismatched lovers and the magic of romance come together in a free-wheeling rock and roll comedy with non-stop classics, from "Heartbreak Hotel" and "Hound Dog," to "Love Me Tender" and "Don't Be Cruel."

The van leaves at 10:30 a.m. for lunch at Wood-n-Tap in Rocky Hill followed by the matinee performance, returning approximately at 5:30 p.m. Limit 20 participants for the trip. **Tickets are \$66 per person and non-refundable. Checks can be made payable to The Town of Bolton. Participants will be on a standby list until payment is made.**

### **“SONG, DANCE AND ROMANCE” AT THE AQUA TURF**

Aqua Turf is offering a musical event on Tuesday, August 12 at 11 a.m. featuring the music of Kenny Rogers, Tim McGraw, Dionne Warwick, Diana Ross and Roberta Flack. Aqua Turf will be serving family style baked cod and chicken marsala.

The van leaves at 10:15 a.m. Limit 11 participants for the trip. **Tickets are \$55.00 per person and non-refundable. Checks can be made payable to The Town of Bolton. Participants who sign up will be on a standby list until their payment is made.**

### **OUTDOOR ACTIVITIES**

*Please note outdoor activities will resume once construction is completed.*

This summer, join us for bocce, pickleball, and a variety of lawn games. We will post additional information as soon as we can.

The Senior Center herb garden will be planted at the end of May.

### **Social Services Corner**

Bolton Social Services serves all ages, and includes the Bolton Food Pantry, holiday programs, Resident Assistance Fund, eligibility information, referral to community providers, application assistance, etc. Please call 860-647-9196 to make an appointment.

The Food Pantry is open to residents of all ages. We also have a partnership with MACC: call 860-647-8003 x128 for their separate registration. Connecticut Foodshare is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are May 6, May 20, June 3, and June 17.

### **Homeowner's Exemption Program and Renters Rebate**

Applications are filed in the Assessor's Office at Town Hall (860-649-8066 ext. 6100). Applicants must be over age 65 or totally disabled, with an income limit of \$45,200 single or \$55,100 couple. The homeowner program is open until May 13, 2025. Renters Rebate is open April 1, 2025 to September 30, 2025.

# Bolton Senior Center May 2025

Monday – Thursdays 9 a.m. to 4 p.m. Fridays 9 a.m. to 3 p.m. 860-647-9196 seniorservices@boltonct.gov

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
				<b>Bingo</b> 1:00	Chair Yoga 9:30 Quilting 11:00	2 3
4	5 Chair Yoga 9:30 Dominoes 1:00	6 Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	7 Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	8 <b>Oakridge Dairy Farm and Lunch</b> 9:15	9 Chair Yoga 9:30 Quilting 11:00	10
11	12 Chair Yoga 9:30 Dominoes 1:00	13 <b>Windham Tech</b> 10:15 Poker 12:00 Mah Jongg 12:30	14 Chair Yoga 9:30 Set Back 12:30	15 <b>Italian Pranzo (Lunch)</b> 12:00	16 Chair Yoga 9:30 Quilting 11:00	17
18	19 Chair Yoga 9:30 <b>Senior Inc.</b> Dominoes 1:00	20 Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	21 Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	22 <b>Mohegan Casino</b> 9:15	23 Chair Yoga 9:30 Quilting 11:00	24
25	26 <b>HOLIDAY</b>	27 <b>Footcare by Appt.</b> 12:00 Mah Jongg 12:30	28 Chair Yoga 9:30 Set Back 12:30	29 <b>Iceland Presentation</b> 10:00	30 Chair Yoga 9:30 Quilting 11:00	31



# Bolton Senior Center June 2025

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SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
1	2	3	4	5	6	7
	Chair Yoga 9:30 Dominoes 1:00	Cribbage 10:00 <b>Commission</b> 12:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	<b>Bingo</b> 1:00	<b>NO CHAIR YOGA</b> Quilting 11:00	
8	9	10	11	12	13	14
	Chair Yoga 9:30 Dominoes 1:00	Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	<b>Fire Safety</b> 11:00	Chair Yoga 9:30 Quilting 11:00	
15	16	17	18	19	20	21
	Chair Yoga 9:30 <b>Senior Inc.</b> 10:30 Dominoes 1:00	Cribbage 10:00 <b>The Baroness at</b> <b>Playhouse on Park</b> 11:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	<b>Welcome to the</b> <b>Summer Cookout</b> 12:00	Chair Yoga 9:30 Quilting 11:00	
22	23	24	25	26	27	28
	Chair Yoga 9:30 Dominoes 1:00	<b>Footcare by Appt.</b> 12:00 Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	<b>Lavender Pond</b> <b>Farm and Lunch</b> 9:15	Chair Yoga 9:30 Quilting 11:00	
29	30					
	Chair Yoga 9:30 Dominoes 1:00				<b>Food Pantry</b> Mon/Wed/Thurs. 9:30 – 3:30 Or by Appointment	

## Bolton Senior Center Registration Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Bingo 1 p.m. \_\_\_\_ Th. 5/1 \_\_\_\_ Th. 6/5

Oakridge Dairy Farm and Lunch 9:15 a.m. \_\_\_\_ Th. 5/8

Windham Tech Lunch 10:15 a.m. *(\$15 Cash only)* \_\_\_\_ Tues. 5/13

Meal: Lemony Ricotta Pasta OR Creamy Ranch Chicken  
OR Chicken Ceasar Salad

Dessert: Strawberry Basil Tart OR Chocolate Pistachio Tart

Italian Pranzo (Lunch) 12:00 p.m. \_\_\_\_ Th. 5/15

Mohegan Sun Casino 9:15 a.m. \_\_\_\_ Th. 5/22

Iceland Presentation 10:00 a.m. \_\_\_\_ Th. 5/29

Fire Safety 11:00 a.m. \_\_\_\_ Th. 6/12

Welcome to the Summer Cookout 12:00 p.m. \_\_\_\_ Th. 6/19

Lavender Pond Farm and Lunch 9:15 a.m. \_\_\_\_ Th. 6/26

“All Shook Up” at Goodspeed 10:30 a.m.  
*(\$66 Check only)* \_\_\_\_ Th. 7/31

“Song, Dance & Romance” at Aqua Turf 10:15 a.m.  
*(\$55 check only)* \_\_\_\_ Tues. 8/12

*Please indicate if you require transportation. Please indicate if you are driving yourself to an off-site event. You will be notified if there is a wait list.*  
Please notify us of any cancellation immediately.

## KEEP THIS COPY: Bolton Senior Center Registration Form

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