

Bolton Senior Center Primetime Online

November & December 2022



**Monday – Thursday 9 a.m.
to 4 p.m.**

**Friday 9 a.m. to 3 p.m.
860-647-9196**

Director: Carrie Concatelli, MSW

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Directors Note

Dear Senior Center Friends,

We are hoping you have noticed a few positive changes around the Center these days. In the Senior Center library, we now have six shelves stocked full with books and puzzles. We highly suggest borrowing a few to keep on hand for those upcoming cold winter wonderland days. It is also lovely to see the room filled with eager puzzlers.

Come on by and enjoy a cup of coffee, catch up with friends, and explore something new. We are thankful for you – and wish you a wonderful holiday season.

We are looking forward to 2023 – our 25th anniversary!

Carrie

WELCOME

There is no membership to participate.

Transportation - Call to schedule in advance; subject to availability.
We travel to a variety of towns for medical appointments and errands.

Food Pantry Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment.
Open for all ages. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about other local food resources too.

Holiday Closures

All Town Offices will be closed on Friday, November 11, Thursday, November 24, Friday, November 25, and Monday, December 26.

Our building will close at 11:30 a.m. on Wednesday, December 7: there will be no Bridge or Setback. Our building will also close at 11:30 a.m. on December 15 for the Senior Center holiday party.

Chair Yoga will not be held on Monday, November 21 and Wednesday, November 23.

In Remembrance

We lost a friend of the Senior Center, Gary Chappell. Our thoughts are with his wife Mary and her family.

Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency without property damage. The device is fastened to a door and does not require permanent adhesion. It is available for both homeowners and renters.

We have a limited number of Knox Boxes that were purchased by Bolton Senior Inc. with grant funding from the Hartford Foundation for Public Giving Bolton Community Fund. If you would like to participate, please contact the Senior Center office.

Update: We are happy to announce this program has been very successful. We are considering investing in additional boxes if the demand continues so please do not hesitate to inquire.

UR Community Cares

Reminder: The Town of Bolton has a partnership with UR Community Cares, a local non-profit that links residents 70+ or adults with disabilities with local volunteers to help with tasks such as housework, yardwork, transportation and

companion.

Interested in participating or volunteering? Go to UrCommunityCares.org to sign up; non-computer users can sign up with Senior Center staff.

Blooming for Good

For the month of November, purchase “Blooming for Good” flowers at Stop N Shop on Broad Street Manchester to benefit the Bolton Food Pantry.

Giving Tree

Please consider visiting our Giving Tree to help make the holidays a brighter time for Bolton families in need. Grab an ornament and return it with an unwrapped gift to the Senior Center or Bentley Memorial Library by Monday, December 5.

Don't want to shop? We are also collecting gift wrapping supplies, gift cards in small denominations, hats and gloves, and boxes of chocolate. Thank you in advance!

Student Poster Contest

In December we have a temporary art gallery on display! We invite you to view Fire Prevention Posters created by Bolton Center School fourth and fifth graders with the theme “Fire Prevention – Everyone/ Every day.” Cast your votes for the best designs and the winners will advance to the Tolland County competition!

Here's What's Been Happening

A look back at fall events

In September we welcomed the Hebron Sunshine Singers as we celebrated Senior Center month with our Senior Appreciation Luncheon.

We started October with a record-breaking flu shot clinic. We are planning an earlier start time next year with more pharmacists to accommodate the crowd, so please plan on coming to see us next October.

Thank you to Deputy Fire Marshal Bill Call for the safety tips during Fire Prevention Week.

We rounded out the month with the Mystery Trip and the Halloween Party.

Also, the new patio furniture was enjoyed this fall even though the season kept flip-flopping between perfect days and major downpours! We are looking forward to more outdoor fun in the spring.



Poetry to Memoir Workshop



Senior Appreciation Luncheon



Hebron Sunshine Singers



Hebron Sunshine Singers



Lunch on the Patio



Fire Prevention

Regularly Scheduled Activities

Chair Yoga

Mondays, Wednesdays and Fridays at 9:30 a.m. \$5 per class

Set Back

Wednesdays at 12:30 p.m.

Poker

Tuesdays at 12 p.m.

Quilting

Fridays at 11:00 a.m.

Dominoes

Mondays at 1:00 p.m.

Mah Jongg

Tuesdays at 12:30 p.m.

Bridge

1st and 3rd Wednesday of the month

All regularly scheduled programs do not require advance reservation.

Meetings

Seniors Inc. Meeting – Monday, November 21 and Monday, December 19 at 10:30 a.m.

Senior Citizens Commission – Tuesday, December 6 at 1 p.m.

Foot Care

Foot Care appointments are the fourth Tuesday of the month; \$30 per appointment.

Special Events

RSVP due one week prior unless otherwise specified.

BINGO

Join us Thursday, November 3 and Thursday, December 1 at 1 p.m. \$1 a card to play multiple games.

CASINO

Take a trip to Mohegan Sun Casino on Thursday, November 17 and Thursday, December 22. The van leaves at 9:15 a.m. \$5 for all passengers; limit 20 participants.

SENIOR CENTER FORUM

We want to hear from you about activities, luncheons, trips and other events you would like scheduled! All ideas are welcome! Come on Tuesday, November 8 at 10 a.m. to join in the discussion.

VETERANS DAY LUNCHEON

We honor Veterans Day with our annual luncheon on Thursday, November 10 at 12 p.m. We welcome guest speaker Alex Rivera, United States Air Force retired. Lunch is provided by Bolton Senior Inc. All are welcome to attend.

THANKSGIVING TASTE TESTING

Join us for a taste of Thanksgiving flavors as we travel to Bolton High School on Tuesday, November 22. We will sample quick breads and pies created by culinary students and vote for our favorites. Van leaves the Senior Center at

9:45 a.m. and returns around 11 a.m. All participants must RSVP and specify if you are driving to the high school or riding on the van.

DECORATE THE CENTER

Come help us set up the seasonal décor on Tuesday, November 29 at 10 a.m. Helpers will be provided a pizza lunch.

SHOPPING

Hop on the Senior Center van and get ready to shop! Thursday, December 8 at 9:30 a.m. the van will leave the Senior Center for shopping around Buckland Hills Mall area. The first stop will be Christmas Tree Shop, then the group will pick additional stops for shopping and/or food.

SENIOR CENTER HOLIDAY PARTY

Bolton Senior Inc. is hosting the annual Senior Center Holiday Party at A Villa Louisa on December 15 at 12 p.m. All are welcome. Cost per person is \$25, cash or check payable to Seniors Inc. RSVP is required by Thursday, December 1.

COOKIE TASTING

Join us for cookie tasting at Bolton High School on Tuesday, December 20. We will sample cookies created by culinary students and vote for our favorites. Van leaves the Senior Center at 12:45 p.m. and returns around 2 p.m. All participants must RSVP and specify if you are driving to the high school or riding on the van.

Social Services Corner

ENERGY ASSISTANCE

We are expecting fuel costs to be high this winter. We strongly encourage you to apply for energy assistance through ACCESS Community Action Agency at 860-450-7400. Income limits are \$39,791 single, \$51,996 couple (ask for additional household sizes). There are many ways to apply: phone, mail, in-person, drop-off, so please ask for more information.

MEDICARE UPDATE

Medicare B Premiums will actually be reduced in 2023! The new rate is \$164.90.



Bolton Senior Center Calendars

November 2022
Calendar

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