
BOLTON SENIOR CENTER PRIME TIME

November and December 2025

Monday – Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 3 p.m.

860-647-9196

Director: Carrie Concatelli, MSW

Email: cconcatelli@boltonct.gov

Program Coordinator/Administrative Assistant: Mary Beth Dufresne

Email: mdufresne@boltonct.gov

Administrative Assistant: Pam Wentworth

Email: pwentworth@boltonct.gov

There is no membership to participate.

Sign in at the front door with your phone number.

First time visitors, please check in at the office.

Director's Note

Dear Senior Center Friends,

We are thankful for our time with you. In this season of giving, we are grateful for all the individuals and groups who keep our programs and services going. Your generosity contributes to the well-being of our community.

Registrations for the November/December programs will open Monday, October 20. Please double check your calendar when making your selections.

Carrie

Senior Center

- **Transportation** – Call to schedule in advance; subject to availability.
We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority.
- **Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment.
Open to residents of all ages. Registration required. The pantry offers non-perishable food, toiletries, kitchen supplies and paper goods when available. Ask about MACC and other resources.

Holiday Closures and Schedule Changes

Town Offices are closed on the following days: Tuesday, November 11, Thursday, November 27, Friday, November 28, and Thursday, December 25. The Senior Center is also closing at 11 a.m. on Thursday, December 11 and Friday, December 12.

Please see the Regularly Scheduled Activities section since there are numerous changes to the calendars.

In the event of inclement weather, please check WFSB for a closure or a delay. Chair yoga is cancelled when there is a delay.

Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. This grant funded program is free to participate. See Senior Center staff for an application.

Available Daily

The Senior Center Library has books and puzzles that you can borrow and return on the honor system. Donations of books (2018 and newer) and puzzles are accepted.

Here's What's Been Happening

Our summer trips wrapped up with an afternoon at Hebron Harvest Fair and a morning at Woodland Gardens where we created a fall planter followed by lunch at Pepe's. We are anticipating excursions to Flanders Fish Market, Basil's and the Mystery Trip.

At the Senior Center, we learned about trusts from Attorney Brendan Daly, enjoyed eating healthy foods for the fall from Sarabeth Campanelli and what life is like on the Galapagos Islands from Karen Cordero. We are looking forward to the fraud presentation and Halloween Party.

Regularly Scheduled Activities

Chair Yoga

Mondays, Wednesdays, and Fridays at 9:30 a.m. \$5 per class

**NO CLASSES THE WEEK OF NOVEMBER 17, PLUS NOVEMBER 28,
DECEMBER 24, DECEMBER 26 AND DECEMBER 31**

Set Back

Wednesdays at 12:30 p.m.

NO SET BACK NOVEMBER 26, DECEMBER 24 AND DECEMBER 31



Poker

Tuesdays at 12 p.m.

NO POKER NOVEMBER 11



Quilting

Fridays at 11:00 a.m.

NO QUILTING NOVEMBER 28, DECEMBER 12 AND DECEMBER 26



Dominoes

Mondays at 1:00 p.m.



Cribbage

First and Third Tuesday of the month at 10:00 a.m.

Mah Jongg

Tuesdays at 12:30 p.m.

NO MAH JONGG NOVEMBER 11

Bridge

First and Third Wednesday of the month at 12:30 p.m.
August 6: Betty Aitkin 3100 --- August 20: Nan Dreselly 2450
September 3: Nan Dreselly 2060 --- September 17: Sandy Swan 2200

All regularly scheduled programs do not require advance reservation.

Meetings

Senior Commission – At 12:00 p.m. on Tuesday, December 2.
Bolton Senior Inc. Meeting – At 10:30 a.m. on Monday, November 17 and
Monday, December 15.

Foot Care

We host Foot Care by Nurses on the fourth Tuesday of the month. The cost is \$45.
Please call for an appointment.

Special Events

ALL SPECIAL EVENTS REQUIRE REGISTRATION.

See descriptions for applicable fees, deadlines, or space limitations.

Please let us know if you no longer plan to attend, we may have a waiting list.

LUNCH OUT AT WINDHAM TECH IN NOVEMBER AND DECEMBER

We will enjoy a delicious meal created and served by Windham Tech Culinary students on Monday, November 3 and Monday, December 1. The price for lunch is \$17 per person, cash only. Participants who sign up will be on a standby list until their payment is made. **The deadlines to sign up are Monday, October 27 and Monday, November 24 with no refunds after those dates.** The van leaves the Senior Center at 10:15 a.m. on both days with a limit of 21 participants.

BINGO

Thursday, November 6 and Thursday, December 4 at 1 p.m. \$1 a card to play multiple games.

VETERANS DAY CELEBRATION

We will honor Veterans Day with our annual luncheon on Thursday, November 13 at 12 p.m. Guest Speakers Janet Assard and Jennifer Baum will talk about bringing Wreaths

Across America to the Bolton Center Cemetery. Lunch will be provided by Bolton Senior Inc. **The deadline to sign up is Thursday, November 6.**

Senior Inc. has generously donated 20 wreaths for Wreaths Across America. They are collecting spare change through November 14 toward additional wreaths. See the yellow display in the Senior Center lobby.

THANKSGIVING LUNCH MADE BY BOLTON HIGH SCHOOL

Join us for a taste of Thanksgiving flavors as Bolton High School travels to the Senior Center on Thursday, November 20 from 12 p.m.- 2 p.m. The students will be serving a light Thanksgiving lunch followed by pies and quick breads for dessert. Limit 24 participants. **The deadline to sign up is Thursday, November 13.**

MOHEGAN SUN CASINO

Take a trip with friends to Mohegan Sun on Friday, November 21. The van leaves at 9:15. \$5 for all passengers. Limit 20 participants.

DECORATE THE CENTER

Please join us as we set up the seasonal décor at the Senior Center on Monday, November 24 at 11 a.m. Helpers will be provided with a pizza lunch for all their work!

ORNAMENT MAKING EVENT

We would love your help to create ornaments for our travel themed tree on Monday, November 24 at 11 a.m. at the Senior Center. Some supplies will be available, but you are welcome to bring other crafting items to help create a few unique pieces. You can visit our tree on display at the Bolton Congregational Church Festival of Trees from December 5 through December 7. Helpers will be provided with a pizza lunch for all their work!

FESTIVAL OF TREES AND TRADITIONS AT THE WADSWORTH ATHENEUM

Celebrate the season at the Wadsworth Atheneum by viewing beautifully decorated holiday trees and wreaths which turn the galleries into a winter wonderland. The van will be leaving the Senior Center at 12:30 p.m. on Friday, December 5. The price for admission is \$17 per person, cash only. Participants who sign up will be on a standby list until their payment is made. **The deadline is Thursday, November 20 with no refunds after that date.** Berkins on Main is the museum café and will be open during our visit. Limit 10 participants.

SENIOR CENTER HOLIDAY PARTY

Bolton Senior Inc. is hosting the annual Senior Center Holiday Party at Villa Louisa in Bolton on Friday, December 12 from 11 a.m. to 2 p.m. All are welcome. The cost per person is \$30 with cash or check payable to *Senior Inc.* There is limited transportation, please specify if required. **Registration, payment, food and transportation selections are due by Monday, December 1, with no refunds after that date.** The vans will be leaving the Senior Center at 10:45 a.m.

HOLIDAY COOKIE TASTING

Please join us for a cookie tasting at Bolton High School on Thursday, December 18 from 1 p.m. to 2 p.m. We will sample cookies created by culinary students and vote for our favorites. The van leaves the Senior Center at 12:45 p.m. and returns around 2 p.m. Limit 18 participants for the trip and **all participants must ride the Senior Center van. The deadline to sign up is Wednesday, December 11.**

Social Services Corner

Bolton Social Services serves all ages, and includes the Bolton Food Pantry, holiday programs, Resident Assistance Fund, eligibility information, referral to community providers, application assistance, Medicare information, etc. Please call 860-647-9196 to make an appointment.

The Food Pantry is open to residents of all ages who have completed the registration form. We also have a partnership with MACC: call 860-647-8003 x128 for their separate registration. Connecticut Foodshare is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are November 4 and 18 and December 2, 16 and 30.

Energy Assistance

Bolton residents can apply for several programs to help with home heating for all fuel types and electric. The CT Energy Assistance Program (CEAP) is available through ACCESS in Willimantic. New this year, Generation Power CT (formerly Operation Fuel) applications can now be completed through Bolton Senior and Social Services. The next round of applications for Generation Power CT assistance will open between November 2 – 10, 2025, please call 860-647-9196 or email cconcatelli@boltonct.gov for required documents and to schedule an appointment. No drop-ins please.

Bolton Senior Center November 2025

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SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
						1
2	3 Chair Yoga 9:30 Dominoes 1:00 Windham Tech 10:15	4 Cribbage 10:00 Poker 12:00 Mah Jongg 12:30 Election Day	5 Chair Yoga 9:30 Set Back 12:30 Bridge 12:30	6 Bingo 1:00	7 Chair Yoga 9:30 Quilting 11:00	8
9	10 Chair Yoga 9:30 Dominoes 1:00	11 HOLIDAY	12 Chair Yoga 9:30 Set Back 12:30	13 Veterans Day Lunch 12:00	14 Chair Yoga 9:30 Quilting 11:00	15
16	17 NO CHAIR YOGA Senior Inc. 10:30 Dominoes 1:00	18 Cribbage 10:00 Poker 12:00 Mah Jongg 12:30	19 NO CHAIR YOGA Set Back 12:30 Bridge 12:30	20 Thanksgiving Lunch at Bolton Senior Ctr 12-2	21 NO CHAIR YOGA Mohegan Casino 9:15 Quilting 11:00	22
23	24 Chair Yoga 9:30 Decorate the Center 11:00 Ornament Making Event 11:00 Dominoes 1:00	25 Footcare by Appt. Poker 12:00 Mah Jongg 12:30	26 Chair Yoga 9:30 NO SET BACK	27 HOLIDAY	28 HOLIDAY	29
30						

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7	8	9	10	11	12	13
	Chair Yoga Dominoes 9:30 1:00	Poker 12:00 Mah Jongg 12:30	Chair Yoga 9:30 Set Back 12:30	BUILDING CLOSED 11a.m.-4 p.m.	Chair Yoga 9:30 NO QUILTING BUILDING CLOSED 11am-4pm Senior Center Holiday Party at 11:00-2:00 Vans leave Senior Center at 10:45	
14	15	16	17	18	19	20
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Bolton Senior Center Registration Form

Name: _____ Date: _____

Windham Tech Lunch 10:15 a.m. (\$17 Cash only) _____ Mon. 11/3

Meal: Broiled pork chop with a maple bourbon rub OR Sautéed chicken with penne, butternut squash and spinach in a light sherry cream sauce OR Chicken Caesar Salad

Dessert: Salted caramel chocolate torte OR Mixed berry custard

Bingo 1 p.m. _____ Th. 11/6 _____ Th. 12/4

Veterans Day Lunch 12:00 p.m. _____ Th. 11/13

Thanksgiving Lunch 12:00 p.m. _____ Th. 11/20

Mohegan Sun Casino 9:15 a.m. _____ Fri. 11/21

Decorate the Center 11:00 a.m. _____ Mon. 11/24

Ornament Making Event 11:00 a.m. _____ Mon. 11/24

Windham Tech Lunch 10:15 a.m. (\$17 Cash only) _____ Mon. 12/1

Meal: Roast beef in mushroom gravy OR Maple glazed salmon roasted on a cedar plank OR Chicken Caesar Salad

Dessert: Sticky toffee pudding OR Peach tart with vanilla ice cream

Wadsworth Festival of Trees 12:30 p.m. (\$17 Cash only) _____ Fri. 12/5

Senior Center Holiday Party. 11:00 a.m.- 2:00p.m. (\$30 Senior Inc.)

_____ Fri. 12/12

Meal: Stuffed sole OR Chicken marsala

Do you need a ride to Villa Louisa? _____ Yes _____ No

Holiday Cookie Tasting at Bolton High 1:00-2:00 p.m. _____ Th. 12/18

Please indicate if you require transportation or driving yourself to an off-site event. You will be notified if there is a wait list.

Please notify us of any cancellation immediately.

KEEP THIS COPY: Bolton Senior Center Registration Form

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