

Bolton Senior Center Primetime Online

January & February 2024

Monday – Thursday 9 a.m. to 4 p.m.
Friday 9 a.m. to 3 p.m.
860-647-9196

PLEASE NOTE: OUR EMAIL ADDRESSES HAVE CHANGED

Director: Carrie Concatelli, MSW

Email: cconcatelli@boltonct.gov

Program Coordinator/Administrative Assistant: Mary Beth Dufresne

Email: mdufresne@boltonct.gov

Administrative Assistant: Pam Wentworth

Email: pwentworth@boltonct.gov

There is no membership to participate.
Sign in at the front door with your phone number.
First time visitors, please check in at the office.

[Check Out Previous Editions](#)

Director's Note

Dear Senior Center Friends,

Thank you to our staff members, Senior Inc. board members, Senior Commission members, volunteers, and all participants for helping to make our 25th Anniversary year spectacular.

We have a surplus of books and puzzles in the Senior Center library. We encourage you to select some to enjoy over the winter months.

We are gearing up for a great 2024!

Carrie



The Senior Center's 25th Anniversary tree for Bolton Congregational Church's Festival of Trees

Senior Center

- **Transportation** - Call to schedule in advance; subject to availability. We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority over all other rides.
 - **Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment. Open for all ages. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about MACC and other local food resources.
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Holiday Closure and Schedule Change

Town Offices are closed on Monday, January 1, Monday, January 15 and Monday, February 19. Chair Yoga is cancelled for the week of January 29.

Weather Closures

Check WFSB for weather closing information. If there is a delay, chair yoga is cancelled.

Thank You

A thank you to all who gave giving tree items and food pantry items this holiday season. Thank you to the Bolton Methodist Church Women's Group for the kitchen and bath items as well as the Bolton Regional Lions Club for the pet

food.

Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. The device is fastened to a door and does not require permanent adhesion. Knox Boxes were purchased by Bolton Senior Inc. with grant funding from the Hartford Foundation for Public Giving Bolton Community Fund. Additional boxes were purchased by Bolton Volunteer Fire Department. See staff for an application.

Here's What's Been Happening

Our chilly food outings to Windham Tech and the Taste Testings at Bolton High School were very popular and warmed us all up. The trips to Wood Library and Wadsworth Atheneum helped ring in the holidays. Our Veterans Day Celebration lunch was well attended and we enjoyed saluting our veterans. The Senior Center Holiday Party was filled with cheer and everyone enjoyed meeting Santa and Mrs. Claus. The presentations on Elder Law and Tech Help were much appreciated by everyone who participated.



**Bolton High School Pie & Bread
Taste Testing**



**Gingerbread Houses at Wood
Library**



Veterans Day Luncheon with guest speaker Linda Rudolph



Senior Inc. making Thanksgiving baskets for Bolton families.



Attorney Colleen Masse spoke at the Elder Law Presentation.

Regularly Scheduled Activities

Chair Yoga

Mondays, Wednesdays and Fridays at 9:30 a.m.

Set Back

Wednesdays at 12:30 p.m.

Poker

Tuesdays at 12 p.m.

Quilting

Fridays at 11:00 a.m.

Dominoes

Mondays at 1:00 p.m.

Mah Jongg

Tuesdays at 12:30 p.m.

Bridge

First and Third Wednesday of the month at 12:30 p.m.

All regularly scheduled programs do not require advance reservation.

Meetings

Seniors Inc. Meeting – At 10:30 a.m. on Monday, January 8 and Monday, February 12.

Foot Care

We host Foot Care by Nurses on the fourth Tuesday of the month. The cost is

\$45. Please call for an appointment.

AARP Tax Aide Free Tax Preparation

AARP Tax Aide Volunteers provide free Federal and State tax preparation from February through early April. This service is available for anyone, regardless of age, income or town residence for simple returns (no rental or business income). Appointments are required in advance and can be scheduled starting in January. An intake packet will be provided with detailed instructions for your appointment.

A note from our tax preparers: please make sure to take your Required Minimum Distributions by the end of 2023.

Special Events

RSVP due one week prior unless otherwise specified.

If you use a cane or walker, please bring it with you to the Senior Center and on all outings.

Reminder: It is wonderful that our events have been very popular. Please submit your registration form in a timely manner as some events are space limited and often fill up prior to the deadline. We maintain a standby list, and as our attendance shifts, we offer a spot to the next person in line. In that regard, if you no longer plan to attend, please let us know as someone is waiting for the opportunity.

BINGO

Thursday, January 4 and Thursday, February 1 at 1 p.m. \$1 a card to play multiple games.

LUNCH OUT AT WINDHAM TECH

We will enjoy a delicious four course meal created and served by Windham Tech Culinary students on Wednesday, January 10. The cost is \$13 per person, cash only, paid on the day of the trip. The van leaves the Senior Center promptly at 10:15 a.m. Limit 20 participants for the trip. **Reservations are due Wednesday, January 3 which includes selecting your entrée and dessert choices. Please note we cannot accept any last-minute reservations as we must provide an advance list of participants to comply with school security measures.**

WETHERSFIELD PRESENTATION

For those of you who went on the historical tour of Wethersfield in October and spoke highly of the tour guide, Gillie Johnson, we are happy to have him at the Senior Center on Thursday, January 11 at 10 a.m. with a presentation called

"Our Town Wethersfield (1900-1915)" Mr. Johnson will talk about what the Town of Wethersfield, the movie "Meet Me in St. Louis", and the novel "Pollyanna" have in common which is they all take place in the United States in the early 1900s. Learn about what life was like for Wethersfield residents old and new during this time when Wethersfield began its evolution from village to modern suburb.

BREAKFAST AT BLONDIE'S DINER

Join us for a long-awaited trip for breakfast at Blondie's Diner in Willimantic on Thursday, January 18. The van will be leaving the Senior Center at 9:15 a.m. Limit 20 participants.

TECHNOLOGY HELP

A Bolton High School student will be at the Senior Center on Wednesday, January 10 and Wednesday, February 14 from 3 p.m. to 4 p.m. to help you with any questions you have about phones, tablets, computers/email, or other technology. Please call the Senior Center to set up an appointment.

CASINO

Take a trip to Mohegan Sun on Thursday, January 25 and Thursday, February 29. **Due to winter weather, we will go to Mohegan Sun Casino every month through the spring.** The van leaves at 9:15 a.m. on both days. \$5 for all passengers. Limit 20 participants for each trip.

DIETICIAN FROM SHOPRITE

Sarabeth Campanelli, a dietician from Shop Rite, will be at the Senior Center on Tuesday, January 30 at 10 a.m. to talk about ways to eat and stay healthy in the new year. She will be creating delicious recipes that will help to keep your new year's resolution to stay fit!

FIRE SAFETY PRESENTATION

Fire Marshall Bill Call will be at the Senior Center on Tuesday, February 6 at 10 a.m. to talk about fire safety and answer any questions you may have. He will also discuss how Knox Boxes operate and how a person can receive one.

VALENTINE'S DAY PARTY

Senior Inc. is hosting a party to celebrate all things **LOVE** on Thursday, February 8 at 12 p.m. at the Senior Center. We will be enjoying food and dessert from Big Y. **Please RSVP by Monday, February 5th.**

LUNCH AT SADLER'S RESTAURANT

Come join us as we celebrate what remains of winter at Sadler's Restaurant in Marlborough on Thursday, February 15. The van will be leaving the Senior Center at 11:30 a.m. Limit 20 participants.

CT FLOWER & GARDEN SHOW

Think spring and blooming flowers. We will visit the CT Flower & Garden Show on Thursday, February 22. The van leaves the Senior Center at 10 a.m. Tickets are \$20 at the door, or \$17 advance tickets are available for purchase online at <https://www.showpass.com/ct-flower-garden-show-2024>.

ST. PATRICK'S DAY CELEBRATION AT THE AQUA TURF

Aqua Turf is offering an event on March 12 at 11 a.m. featuring The McLean Avenue Band and Irish Step Dancers who have taken the Irish American music and entertainment scene by storm with their wonderful arrangements of hits from the 1950s to the present. Aqua Turf will be serving entrees family style of corned beef and cabbage or baked cod at each table along with complimentary coffee, donuts, glass of beer or wine and door prizes. The price is \$54.00 per person. **There will be no refunds. Please RSVP by Wednesday, January 31.** Limit 20 participants. The van will be leaving the Senior Center at 9:45 a.m.

Social Services Corner

ENERGY ASSISTANCE

Apply for heating assistance through ACCESS Community Action Agency. Applications are accepted in person, by mail, or online. New this year is a way to save 10-50% on your electric bill for those within the income guidelines. Ask staff for more information.

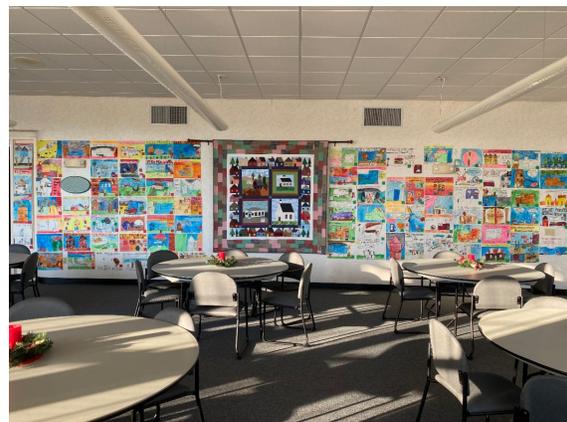
SOCIAL SERVICE RESOURCES

Bolton Social Services serves all ages, and includes the Bolton Food Pantry, holiday programs, Resident Assistance Fund, fuel assistance, eligibility information, referral to community providers, application assistance, etc. Please call 860-647-9196 to make an appointment with our office.

FOOD RESOURCES

The Bolton Food Pantry is open to residents of all ages. We also have a partnership with MACC: call 860-647-8003 x128 for their separate registration. Connecticut Foodshare is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are January 2, 16 and 30 and February 13 and 27. Please ask for additional dates and times of other local Connecticut Foodshare locations.

From all of us at Bolton Senior Center,
Happy Holidays
and Happy 2024!



Bolton Senior Center Calendars

January Calendar

February Calendar