

# Bolton Senior Center Primetime Online

## March & April 2023

*In 2023 we celebrate the Silver Anniversary of the Bolton Senior Center.  
Happy 25th BSC - We're Just Getting Started!*

**Monday – Thursday 9 a.m. to 4 p.m.**  
**Friday 9 a.m. to 3 p.m.**  
**860-647-9196**

**Director: Carrie Concatelli, MSW**

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**Administrative Assistant: Pam Wentworth**

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**There is no membership to participate.**  
Sign in at the front door with your phone number.  
First time visitors, please check in at the office.

[Check Out Previous Editions](#)

## Director's Note

Dear Senior Center Friends,

We send congratulations and well wishes to our Administrative Assistant, Karen Frost, who retired in February after five and a half years at the Bolton Senior Center. We are in the process of hiring a Program Coordinator/Administrative Assistant. The reason for this change is the consistent attendance we have seen across all programs. We look forward to this opportunity for new and expanded programming and appreciate all ideas and feedback.

An important reminder: all special events require registration. Want to make it easy? Fill out a registration form and you'll receive a receipt to help you mark your calendar!

Carrie

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## WELCOME

There is no membership to participate.

**Transportation** - Call to schedule in advance; subject to availability.  
We travel to a variety of towns for medical appointments and errands.

**Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment.  
Open for all ages. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about other local food resources.

Note: There are adjusted Food Pantry hours during Tax Aide Appointments.

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## Holiday Closure and Schedule Change

All Town Offices are closed Friday, April 7.

Chair Yoga will not be held on March 1.

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## Weather Policy

Please check WFSB or NBC30 for any updates about delayed openings or closure due to inclement weather.

Chair Yoga is cancelled on days with a delayed opening.

If the Senior Center is closed all transportation is cancelled.

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## Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. The device is fastened to a door and does not require permanent adhesion. It is available for both homeowners and renters. The Knox Boxes were purchased by Bolton Senior Inc. with grant funding from the Hartford Foundation for Public Giving Bolton Community Fund. There is currently a wait list. We also have information about a program for free smoke detectors. Please ask Senior Center staff.

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## Here's What's Been Happening

### A look back at recent events

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Thank you to all of you who voted for the Fire Prevention Posters in December. We selected winners in fourth and fifth grade. We are happy to announce that the fourth grade winner also won for Tolland County and has been entered into the state competition! It was wonderful to view the art work and see that the students are learning important information about fire safety.

In January we had a "Frozen Spoon" Ice Cream Social on a day that happened to top 40 degrees. Then we shared our love of pizza with a Valentine's Pizza Party. It is great to see lots of new friendships forming.



First Place in Fourth Grade



First Place in Fifth Grade



Maj Jongg players enjoy one of our six new card tables.  
We appreciate the generous memorial contribution that made this possible.

## Regularly Scheduled Activities

### Chair Yoga

Mondays, Wednesdays and Fridays at 9:30 a.m. \$5 per class

### Set Back

Wednesdays at 12:30 p.m.

### Poker

Tuesdays at 12 p.m.

### Quilting

Fridays at 11:00 a.m.

### Dominoes

Mondays at 1:00 p.m.

### Mah Jongg

Tuesdays at 12:30 p.m.

### Bridge

1st and 3rd Wednesday of the month

All regularly scheduled programs do not require advance reservation.

## Meetings

Seniors Inc. Meeting – Monday, March 20 and Monday, April 17 at 10:30 a.m.

Senior Citizens Commission is Tuesday, March 21 at 1 p.m.

## Foot Care

Foot Care appointments are one Tuesday a month; \$30 per appointment.

## AARP Tax Aide Free Tax Preparation

Our fantastic AARP Tax Aide Volunteers are here for the tax season to provide free Federal and State tax preparation. This service is available for anyone, regardless of age, income or town residency for any simple returns (no rental or business income). There are limited appointments left, please call to schedule.

# Special Events

**RSVP due one week prior unless otherwise specified.**

## BINGO

Join us Thursday, March 2 and Thursday, April 6 at 1 p.m. \$1 a card to play multiple games.

## CASINO

Take a trip to Mohegan Sun Casino on Thursday, March 23 and a special trip to MGM Springfield on Thursday, April 27. The van leaves at 9:15 a.m. \$5 for all passengers; limit 20 participants.

## LIBRARY TECH TIME

We welcome Trish Brudz from Bentley Memorial Library to the Bolton Senior Center on Tuesday, March 7 and Tuesday, April 4 at 10:30 a.m. In March, Trish will demonstrate how to check out free digital library materials using two programs called Hoopla and Libby. She will teach you how to explore books, magazines, movies, music and more. In April, Trish will provide a Facebook tutorial. Come to watch and learn, or bring your own device to follow along. Please note: devices must have the apps loaded. Anyone who wants assistance installing the apps can call the Library to schedule an appointment.

## LUNCH OUT - WINDHAM TECH

We will enjoy a delicious four course meal created and served by Windham Tech Culinary students on Thursday, March 9. The cost is \$12 per person, cash only, paid at the school the day of the trip. The van leaves the Senior Center promptly at 10 a.m. Reservations are due Wednesday March 1, which includes selecting your entrée and dessert choices. Please note we cannot accept any last minute reservations as we have to provide an advance list of participants to comply with school security measures.

## **GARDEN CLUB**

Do you like gardening but don't want the commitment of your own garden? We are starting a garden club! We will be adding a small assortment of accessible gardening containers. The introductory meeting to discuss and plan the season and will be held Tuesday, March 14 at 9:30 a.m. A schedule of future meetings will be determined.

## **ST. PATRICK'S DAY LUNCHEON**

Back by popular demand, we are happy to bring you a full corned beef and cabbage dinner on Thursday, March 16 at 12 p.m. Our meal will be catered by Pagani's and is sponsored by Senior Inc. The cost is \$15 per person, cash or checks payable to Bolton Seniors Inc. All reservations and payment must be received by Wednesday, March 8.

## **TOWN LEADER COFFEEHOUSE**

Join Town Leaders on Tuesday, March 28 at 10 a.m. Come have a cup of coffee and learn about the proposed town budget. They will answer questions and help you understand the budget process and documents.

## **DRIVER SAFETY**

We are hosting the AARP Driver Safety Class on Thursday, March 30 at 9:30 a.m. This is a three hour class designed to remind you of the rules of the road. Many car insurance providers offer a discount for the completion of this course. The cost is \$20 for AARP members and \$25 for non-members. RSVP is required by March 20. Payment is due the date of the class (cash or check payable to AARP).

## **LUNCH OUT - MAINE SEAFOOD MARKET RESTAURANT**

We're heading to Maine Seafood Market Restaurant in East Windsor for a lunch out on Thursday, April 13. Van leaves the Senior Center at 11:30 a.m. Limit 20 people.

## **NEW TO MEDICARE**

Special Evening Program! Are you new to Medicare or about to be in the next few years? We have many people in town who are close to Medicare eligibility. Learn important details about how to get started, what coverage is needed, and where to look to get personalized recommendations. Join us Wednesday, April 19 at 5 p.m.

## TEA TIME

We cordially invite you to a tea party, hosted by the Bolton Women's Club Organization. Homemade sandwiches, desserts and other delights will be served on Thursday, April 20 at 12 p.m.

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## Outdoor Activities

We are excited to go outside this spring to enjoy the Senior Center backyard. Outdoor activities are weather dependent: cancellation will occur with any precipitation "more than a drizzle" or due to windy conditions.

Sign up is required for all participants and you must enter the building to check in before playing. Each game has a minimum of four players with a maximum of eight.

Interested in a different time? Call the Senior Center to arrange for the equipment.

## BOCCE

Come out to the bocce courts every Thursday at 2:30 p.m. starting March 23.

## LEARN TO PLAY PICKLEBALL

Karen Cordero and Cheryl Udin are teaching a beginner pickle ball class on four Tuesdays: March 21, March 28, April 4 or April 11. Attend one session or all of them to learn the basics. No minimum requirement.

## PICKLEBALL OPEN PLAY

The pickle ball courts are available for open play on Tuesdays and Wednesdays from 9 a.m. to 11 a.m. starting Tuesday, April 4.

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## Open Mic Night

We are excited to host an Open Mic Night on Wednesday, May 17 at 6 p.m. We are looking for anyone age 55+ to sign up to perform: sing a song, play an instrument, recite poetry, storytelling, etc. Sign up with office staff to select your timeslot. Additional timeslots will be available if space allows.

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## Bentley Library

The Bentley Memorial Library would like to share their programs: Knitting and Handcraft: Tuesdays from 6:30 to 7:45 p.m. Coffee and Coloring Wednesdays: March 15 and April 19 from 11 a.m. to 12 p.m. No registration required.

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## Save the Date

The Tolland County Seniorhood Resource Fair will be Saturday, October 21 from 9:30 a.m. to 2 p.m. at Vernon Center Middle School. There will be exhibits and presentations related to local services. The event is hosted by the Tolland County Multi-Disciplinary Team, which includes all Senior Centers, Social Services, and Libraries in this area.

## Social Services Corner

### PROPERTY TAX ASSISTANCE

Are you over the age of 65 or a person with a disability, and under the income limit of \$40,300 single/\$49,100 married? Apply for the Tax Relief Program or Renters Rebate. Appointments are made with the Assessor's office: 860-649-8066 x6100. Homeowners must apply before May 15 and renters apply between April 1 and October 1.

### FOOD RESOURCES

The Bolton Food Pantry is open to residents of all ages. Ask Senior Center staff for more details. We also have a partnership with MACC for their expanded pantry. Separate registration is required at MACC: call 860-647-8003 x28. Connecticut Foodshare Mobile Pantry is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are: March 14, March 28, April 11 and April 25. Ask staff for additional dates and times of other local Connecticut Foodshare locations.

Would you like to donate items to the pantry? Prices are high and our stock is low. We appreciate the support of individuals and local groups who regularly think of us. We are happy to provide a list of our most needed items by request.

**Happy Spring!**



### Bolton Senior Center Calendars

March 2023  
Calendar

April 2023  
Calendar