

Bolton Senior Center Primetime Online

November & December 2023

*In 2023 we celebrate the Silver Anniversary of the Bolton Senior Center.
Happy 25th BSC - We're Just Getting Started!*

**Monday – Thursday 9 a.m. to 4 p.m.
Friday 9 a.m. to 3 p.m.
860-647-9196**

PLEASE NOTE: OUR EMAIL ADDRESSES HAVE CHANGED

Director: Carrie Concatelli, MSW

Email: cconcatelli@boltonct.gov

Program Coordinator/Administrative Assistant: Mary Beth Dufresne

Email: mdufresne@boltonct.gov

Administrative Assistant: Pam Wentworth

Email: pwentworth@boltonct.gov

There is no membership to participate.
Sign in at the front door with your phone number.
First time visitors, please check in at the office.

[Check Out Previous Editions](#)

Director's Note

Dear Senior Center Friends,

It was wonderful to celebrate Bolton Senior Center's 25th Anniversary with all of you. We enjoyed good food, company, and some upbeat tunes and dancing! We thank our staff members, volunteers, and participants who make this a truly unique and welcoming place. We look forward to even more friendships and memories along the way to the next 25 years!

Cheers to a happy holiday season!

Carrie

Reminder: It is wonderful that our events have been very popular. Please submit your registration form in a timely manner as some events are space limited and often fill up prior to the deadline. We maintain a standby list, and as our attendance shifts, we offer a spot to the next person in line. In that regard, if you no longer plan to attend, please let us know as someone is waiting for the opportunity.



Senior Center

- **Transportation** - Call to schedule in advance; subject to availability. We travel to a variety of towns for medical appointments and errands. Please keep in mind that medical rides are a priority over all other rides.
- **Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment. Open for all ages. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about MACC and other local food resources.

Holiday Closure and Schedule Change

Town Offices are closed on Friday, November 10, Thursday, November 23, Friday, November 24 and Monday, December 25. Chair Yoga is cancelled for the week of November 13. The Senior Center will close for the day at 11:30am on Wednesday, December 6 as well as Thursday, December 14. Bingo will be later in the month than usual, now on Thursday, December 21.

Weather Closures

Check WFSB for weather closing information. If there is a delay, chair yoga is

cancelled.

Thank You

Thank you to the Bolton Regional Lions Club for the donation of serving items for our luncheons. We also thank the Woodward family for a collection of Karaoke CDs in memory of Ed and Joyce Bachl.

Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. The device is fastened to a door and does not require permanent adhesion. Knox Boxes were purchased by Bolton Senior Inc. with grant funding from the Hartford Foundation for Public Giving Bolton Community Fund. Additional boxes were purchased by Bolton Volunteer Fire Department. See staff for an application.

Election Information

Election day is Tuesday, November 7. Voting for both districts will be held at Ryba Hall located at 32 Hebron Road. Voting is open from 6 a.m. to 8 p.m.; accessible options are available. We will have a sample ballot posted as soon as available. Rides are available to the polls, please call to arrange.

Fire Prevention Posters

Fire Prevention Posters will be on display for a limited time. They are designed by students at Bolton Center School. Please take the time to vote for your favorites! Last year our fourth-grade winner also won for Tolland County.

Giving Tree

Please help to make the holidays a little brighter for a Bolton resident in need of some extra cheer. Ornaments with gift requests will be available in early November; please return your unwrapped gift to the Bolton Senior Center or Bentley Memorial Library by Thursday, December 7. We are also collecting \$25 gift cards and boxes of chocolates.

Here's What's Been Happening

Our fall outings to Basil's Restaurant, Butterfly Museum and the Mystery trip were well attended, and everyone enjoyed themselves. The Senior Appreciation Lunch was a great celebration of our first 25 years. Our

presentations with the Make Up Artist and How an Election is Run were filled with information for the attendees. We look forward to our haunted Halloween Party this month!

Tune into CVC in November to view the “How an Election is Run” presentation.



How an Election is Run

Magic Wings in South Deerfield, MA



Basil's Restaurant in Stafford Springs

Regularly Scheduled Activities

Chair Yoga

Mondays, Wednesdays and Fridays at 9:30 a.m. \$5 per class

Set Back

Wednesdays at 12:30 p.m.

Poker

Tuesdays at 12 p.m.

Quilting

Fridays at 11:00 a.m.

Dominoes

Mondays at 1:00 p.m.

Mah Jongg

Tuesdays at 12:30 p.m.

Bridge

First and Third Wednesday of the month at 12:30 p.m.

All regularly scheduled programs do not require advance reservation.

Meetings

Seniors Inc. Meeting – At 10:30 a.m. on Monday, November 20 and Monday, December 18.

Senior Commission – The next meeting is Tuesday, December 5 at 1 p.m.

Foot Care

We host Foot Care by Nurses on the fourth Tuesday of the month. The cost is \$45; call for an appointment.

Special Events

RSVP due one week prior unless otherwise specified.
If you use a cane or walker, please bring it with you to the Senior Center and on all outings.

BINGO

Thursday, November 2 and Thursday, December 21 at 1 p.m. **Please note the change in date for December.** \$1 a card to play multiple games.

VETERANS DAY CELEBRATION

We will honor Veterans Day with our annual luncheon on Thursday, November 9 at 12 p.m. We will welcome guest speaker Linda Rudolph. Lunch will be provided by Bolton Senior Inc. All are welcome to attend.

ELDER LAW PRESENTATION

On Thursday, November 16 at 10 a.m., Colleen Masse, a partner at the law firm of Czepiga Daly Pope and Perri, will be at the Senior Center to speak about Estate Planning. In this program, you'll learn about wills, trusts, powers of attorney (POA), and healthcare directives. You'll walk away understanding what these documents are for, and what you need to do to create yours. Even if you have already created an estate plan, come learn about recent law updates and discover if you should have your existing documents reviewed and updated.

LUNCH OUT AT WINDHAM TECH

We will enjoy a delicious four course meal created and served by Windham Tech Culinary students on Tuesday, November 28. The cost is \$13 per person, cash only, paid at the school on the day of the trip. The van leaves the Senior Center promptly at 10 a.m. Limit 20 participants for the trip. **Reservations are due Tuesday, November 21, which includes selecting your entrée and dessert choices. Please note we cannot accept any last-minute reservations as we must provide an advance list of participants to comply with school security measures.**

TECHNOLOGY HELP

A Bolton High School student will be at the Senior Center on Wednesday, November 29 and Wednesday, December 13 from 3 p.m. to 4 p.m. to help you with any questions you have about phones, tablets, computers/email, or other technology.

CASINO

Take a trip to Mohegan Sun on Thursday, November 30 and Thursday, December 28. **Due to winter weather, we will go to Mohegan Sun every month through the spring.** The van leaves at 9:15 a.m. on both days. \$5 for all passengers. Limit 20 participants for each trip.

Holiday Events

ORNAMENT MAKING EVENT

We would love your help to create handmade silver ornaments on Friday, November 17 at 10 a.m. at the Senior Center. Some supplies will be available, but you are welcome to bring other crafting items to help create a few unique pieces. Visit our 25th Anniversary Tree on display at the Bolton Congregational Church Festival of Trees from December 1 to December 3.

THANKSGIVING TASTE TESTING

Join us for a taste of Thanksgiving flavors as we travel to Bolton High School on Tuesday, November 21. We will sample quick breads and pies created by culinary students and vote for our favorites. The van leaves the Senior Center at 12:15 p.m. and returns around 1:45 p.m. **All participants must RSVP by Thursday, November 16 and specify if you are driving to the high school or riding on the van. We must provide an advance list of participants to comply with school security measures.**

DECORATE THE CENTER

Please join us as we set up the seasonal décor at the Senior Center on Thursday, November 30 at 10 a.m. Helpers will be provided with a pizza lunch for all their work!

GINGERBREAD HOUSES

We will be taking a wintertime trip to view the gingerbread houses on display at the Wood Memorial Library in South Windsor on Friday, December 1. Admission is free. The van will be leaving at 10 a.m. After your visit, lunch will be at Lena's in South Windsor. Limit 20 participants.

FESTIVAL OF TREES AND TRADITIONS AT THE WADSWORTH ATHENEUM

Celebrate the season at the Wadsworth Atheneum by viewing beautifully decorated holiday trees and wreaths which turn the galleries into a winter wonderland. The van will be leaving the Senior Center at 12:30 p.m. on Thursday, December 7. Admission for seniors is \$17 and can be paid before the trip. Berkins on Main is the museum café and will be open during our visit. Limit 20 participants.

SENIOR CENTER HOLIDAY PARTY

Bolton Senior Inc. is hosting the annual Senior Center Holiday Party at A Villa Louisa on December 14 at 12 p.m. All are welcome. Cost per person is \$25 with cash or check payable to Seniors Inc. RSVP is required by Thursday, December 1.

HOLIDAY COOKIE TASTING

Join us for cookie tasting at Bolton High School on Wednesday, December 20. We will sample cookies created by culinary students and vote for our favorites. The van leaves the Senior Center at 12:30 p.m. and returns around 2 p.m. **All participants must RSVP by Wednesday, December 13 and specify if you are driving to the high school or riding on the van. We must provide an advance list of participants to comply with school security measures.**

Social Services Corner

ENERGY ASSISTANCE

Apply for heating assistance through ACCESS Community Action Agency. Applications are accepted in person, by mail, or online. New this year is a way to save 10-50% on your electric bill for those within the income guidelines. Ask staff for more information.

SOCIAL SERVICE RESOURCES

Bolton Social Services serves all ages, and includes the Bolton Food Pantry, holiday programs, Resident Assistance Fund, fuel assistance, eligibility information, referral to community providers, application assistance, etc. Please call 860-647-9196 to make an appointment with our office.

FOOD RESOURCES

The Bolton Food Pantry is open to residents of all ages. We also have a partnership with MACC: call 860-647-8003 x128 for their separate registration. Connecticut Foodshare is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are: November 7 and 21 and December 5 and 19. Please ask for additional dates and times of other local Connecticut Foodshare locations.



Bolton Senior Center Calendars

**November
Calendar**

**December
Calendar**