



CITY OF REVERE – Board of Health

Meeting Minutes,

September 26, 2024

Call of Members: Dr. Drew Bunker, Kathleen Savage, Viviana Catano, Lauren Buck, Michael Wells,

Topic Discussed: Review and accept meeting minutes August 29, 2024 minutes presented to Board members; minutes approved.

Topic Discussed: Communicable Monthly Report from 8/29/2024 – 9/26/2024

- From the CDC on Sept 12, 2024: New CDC population data from 2023 shows that in 23 states more than one in three adults (35%) has obesity. Before 2013, no state had an adult obesity prevalence at or above 35%. Currently, at least one in five adults (20%) in each U.S. state is living with obesity. Obesity is a complex disease. Many factors contribute to obesity like genes, certain medications, poor sleep, gut microbiome, stress, access to affordable food, safe places to be active, and access to health care. Understanding these factors helps identify potential prevention and treatment strategies. Massachusetts has a 27% prevalence of adult obesity according to the new CDC data. In Massachusetts, non-Hispanic Black adults and Hispanic adults have the highest prevalence of obesity at 35 – 40%.
- From the CDC on Sept 10, 2024: A new CDC Vital Signs report released today highlights the role that conditions in counties, such as insurance coverage, broadband internet access, and household income, can play in lowering suicide risk. Compared to counties with the lowest levels of these factors, suicide rates were:
 - 26% lower in counties with the highest health insurance coverage
 - 44% lower in counties where most homes have broadband internet access
 - 13% lower in counties with the most household income
- These findings reinforce other studies that show that the conditions where people are born, grow, live, work, and age can play an important role in shaping suicide prevention efforts.
- Suicide rates have increased during the last 20 years and remain high. Tragically, more than 49,000 people died by suicide in 2022, and provisional data indicate a similar number of people died by suicide in 2023.

Topic Discussed Inspectional Services monthly report (Michael Wells)

- Michael Wells presents all inspections conducted by Inspectional Services in August

Topic Discussed: Summons to Appear – Second Request, Kimberly Paula- 89 Augustus Street

- Kimberly Paula did not appear, Public Health will follow up with Animal Control for next steps

Topic Discussed: Notice of Violation Appeal, Saeid Hoseinzade - 838 Winthrop Ave

- Appeal postponed to October

<https://www.youtube.com/live/R2FBPBXam6o>