

**Caring for a loved one at home?  
Know someone who is?  
WE CAN HELP!**



### We are the Caring Choice

Adult Family Care is a MassHealth funded program also known as Adult Foster Care. Adult Family Care supports and financially assists caregivers so that elders and people with disabilities are able to live in a family setting with the highest quality of care.

## Participants Needing Care

### Benefits

- Live with a caregiver who assists with personal care and medical needs.
- Personalized care plan and ongoing support from a nurse and social worker.

### Eligibility

- Individuals 16+ who are unable to live alone and have a chronic medical or psychiatric diagnosis requiring assistance with at least one of the following: bathing, dressing, toileting, transferring between positions, ambulating, or eating.
- Individuals must either be MassHealth/Medicaid eligible (Standard, CommonHealth, SCO, One Care) or able to pay privately.

## Caregivers

### Benefits

- Receive a tax-free stipend ranging from \$8,800 to \$18,550 annually based on participant's care needs.
- Enjoy two weeks of paid annual respite relief (time-off).
- Ongoing support and training from a nurse and social worker.

### Eligibility

- Able to meet daily care needs of the participant and program guidelines.
- May be family/friend of the participant, except a spouse or legal guardian.
- Lives in the same home as the participant.

**Telephone: 617-628-2601   Website: [adultfamilycare.org](http://adultfamilycare.org)**

Serving Greater Boston, the North Shore, and Merrimack Valley.

*Adult Family Care is a program of Somerville-Cambridge Elder Services*

# Map of AFC Coverage Area

