



City of Revere **COLD WEATHER PREPARATION**



Home fires occur more in winter than in any other season. Make sure you are following safety procedures with space heaters and check your smoke alarms prior to the cold weather.



STAY INSIDE.

Stay inside to avoid extreme temperatures. Make sure pets are not outside for long periods of time.

DRESS WARM.

Wear layers of loose-fitting and lightweight clothing. Cover your mouth to protect your lungs from extreme cold.

KNOW THE FACTS.

- Beware of frostbite! Even short periods of exposure to the extreme cold is dangerous.
- Keep dry! Being wet and cold is the main cause of adverse health effects. Overheating is also dangerous because sweating leads to wet coldness.
- Stay inside somewhere warm! Hypothermia is a serious condition caused by prolonged exposure to cold and can occur both indoors and outdoors. Please call 9-1-1 if needed.

**VISIT WWW.REVERE.ORG/EMERGENCIES TO STAY INFORMED.
CALL 9-1-1 IF THE WEATHER EMERGENCY PRESENTS A RISK FOR YOU
AND YOUR FAMILY.**