

# 30<sup>th</sup> Annual MAFP Family Medicine Update

CME	Thursday, April 7, 2022	
.75	8:00 - 8:45	<b>Health Equity – “Asylum Seeker Evaluations” Explained – Sveva Brown MD</b> – This session will define who is an asylum seeker, discuss steps to asylum, types of evaluations performed, the physician’s role in helping asylum seekers & how physicians can get involved here in Maine.
	8:45 - 8:55	<b>BREAK</b>
.75	8:55 - 9:40	<b>What’s New in Dermatology for Family Physicians – Peg Cyr MD, MS</b> – This session will discuss the uses of cantharidin & cantharidin plus, imiquimod, efudex, clascoterone & drospirenone. Participants will also learn 1) how to do Electrodesiccation & Curettage for Squamous Cell Ca in situ and 2) be able to register for the IPLEDGE program to prescribe isotretinoin for acne.
	9:40 - 9:50	<b>BREAK</b>
.75	9:50 - 10:35	<b>Non-OB Care of The Pregnant Patient – Kristin Hartt MD</b> – This session will discuss pre-conception counseling, management of chronic meds; identifying common pregnancy issues for pts with pre-existing conditions & improving management of non-OB related medical conditions in the pregnant patient while maintaining safety for the fetus.
	10:35 - 10:45	<b>BREAK</b>
.75	10:45 - 11:30	<b>Pediatric Behavioral Health – The ABC’s of Behavior: Addressing Challenging Behaviors in Children – Danielle Scholze MD</b> – This session will describe core principles of behavior, provide guidance and resources regarding positive parenting strategies and outline basic behavioral approaches to feeding and sleep problems.
	11:30 - 11:45	<b>BREAK</b>
.5	11:45 - 12:15 <b>LIVE Zoom session</b>	<b>COVID – COVID In Maine – An Update with Maine CDC’s Director Nirav Shah MD, JD – LIVE with audience Q&amp;A</b> – In this session the Maine CDC Director will give an update on COVID here in Maine, where we’ve been, where we are now. There will be ample time allowed for audience LIVE Q&A.
	12:15 – 12:55	<b>LUNCH</b>
.75	12:55 – 1:40	<b>Hocus Pocus Ultrasound Magic in Family Medicine – Sarah Irving MD, FAAFP and Duska Thurston MD, FAAFP</b> – This session will provide an understanding of the value of POCUS ( <i>point-of-care ultrasound</i> ) in Family Medicine, basic physics of ultrasound, the principles of scanning & tips on getting started with POCUS in your practice. There will also be a review of 3 case studies utilizing POCUS.
	1:40 - 1:50	<b>BREAK</b>
.75	1:50 - 2:35	<b>Cancer Screening: A Review of Guidelines For Primary Care – Armand Auger MD, FAAFP</b> – This session will review the characteristics of a good screening test, current guidelines for the most common types of cancer, and a summary of the most recent updates for CA screening – including helpful resources for the Family Physician.

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	2:35 - 2:45	<b>BREAK</b>
<b>1</b>	2:45 - 3:45 <b>LIVE Zoom session</b>	<b>The Skinny on Dermoscopy: Teaching Skin Cancer Detection Using the Triage Amalgamated Dermoscopic Algorithm – Peg Cyr MD, MS</b> – At the completion of the workshop the participant will be able to use both polarized and non-polarized light on a dermatoscope to analyze skin growths; recognize seborrheic keratosis, dermatofibroma, & angioma under dermoscopy and learn the dermoscopic findings in melanoma.
<b>Post-Conference Session #1:</b>		
<b>OPIOID EDUCATION SESSION: This session satisfies 1 CME credit of Opioid Education required by Maine State Medical Licensure</b>		
<b>1</b>	4:30 - 5:30	<b>OPIOID EDUCATION SESSION – Session #1: Practical Aspects for Opioid Use Disorder Treatment; Challenges of treating OUD in a primary care setting– Vijay Amarendran MD</b> - 1. Review the epidemiology and burden of OUD in Maine 2. Discuss the principles of OUD treatment 3. Understand comorbidities and their treatment

<b>CME</b>	<b>Friday, April 8, 2022</b>	
<b>.75</b>	8:00 - 8:45 <b>LIVE Zoom session</b>	<b>How To Turn Scholarly Work Into Publications: Panel Discussion By The Editorial Team Of The <i>Journal of Maine Medical Center (JMMC)</i> – Robert Bing-You MD, Editor-in-Chief, Vicki Hayes MD, Associate Editor &amp; the JMMC Editorial Team</b> – Objectives: 1. Elevate clinician professional development and satisfaction through support of scholarly engagement; 2. Describe the process of sharing clinical knowledge through publication in JMMC; 3. Provide advice to attendees on the development of healthcare innovations research projects
	8:45 - 8:55	<b>BREAK</b>
<b>.75</b>	8:55 - 9:40	<b>“Top 10 Updates in Evidence-based Medicine for Family Physicians” – Patrick Connolly MD</b> – Dr. Connolly once again presents Dr. Frank Domino’s annual FMX presentation (with permission). These helpful topical highlights from the medical literature that are sure to educate and entertain Family Physicians.
	9:40 - 9:50	<b>BREAK</b>
<b>.75</b>	9:50 - 10:35	<b>“Albert and Lorna: Case Studies in Depression” – Elisabeth Fowlie Mock MD, FAAFP, MPH</b> – Objectives: 1. Identify evidence-based treatments for depression and 2. Review suicide safety planning.
	10:35 - 10:45	<b>BREAK</b>
<b>1</b>	10:45 - 11:45 <b>LIVE Zoom session</b>	<b>Improving the Patient Experience – Learn tips on improving the delivery of care to patients in the exam room, especially to “difficult patients” – John Raymond PA-C, MHP</b> – Following this session the participant will be able to list 3 ways to improve the delivery of messages to patients as well as practical techniques of improving communication. Types of communication that hinder a patient’s adherence to therapy will also be discussed.
	11:45 - 11:55	<b>BREAK (bring your lunch back for the MAFP Annual Business meeting that follows)</b>

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	11:55 - 1:35	MAFP Annual Business Meeting – LIVE Zoom – <i>AAFP guest Gail Guerrero-Tucker, MD, MPH, FAAFP, AAFP Board of Directors</i>
	1:35 - 1:45	<b>BREAK</b>
1	1:45 - 2:45 LIVE Zoom session	<b>Updates in STD and Review of PrEP For HIV</b> – <i>Stephen Sears MD, MPH</i> – This session will review CDC changes to diagnosis of STDs & new updated therapies. Will also discuss new guidelines for PrEP for HIV.
	2:45 – 3:00	<b>Conference Wrap-up</b>
	3:00 – 3:10	<b>BREAK</b>
<b>Post-Conference Session #2:</b>		
<b>OPIOID EDUCATION SESSIONS: These two sessions satisfy 2 CME credits of Opioid Education required by Maine State Medical Licensure</b>		
1	3:10 - 4:10	<b>Opioid Education Session #2: Neonatal Abstinence Syndrome (NAS) “The Here &amp; NOWS”</b> – <i>Ann Boomer MN, NNP-BC, Lead Neonatal NP/NICU EMMC Northern Light</i> – This session will discuss NAS, behavioral assessment management after birth as well as common issues/management strategies after discharge.
	4:10 - 4:20	<b>BREAK</b>
1	4:20 - 5:20	<b>Opioid Education Session #3: Treating Opioid Use Disorder in Pregnant and Post-Partum Patients</b> – <i>Kelley Harmon DO &amp; Caroline LaFave DO</i> – This session will 1) Review Population Data; 2) Discuss Treatment Options and Guidelines Share Pearls and Pitfalls; 3) provide Resources to Enhance Care of this Vulnerable Population.
<b>Total CME for April 8<sup>th</sup>: 6.25</b>		
<b>Total CME for April 7<sup>th</sup>: 7.0</b>		
<b>TOTAL April 7 &amp; 8: 13.25</b>		

<b>CME</b>	<b>****Saturday, MAY 14, 2022****</b>	
	<b>ABFM KSA Study Group – Topic: Diabetes</b>	
8	8:00-12noon LIVE Zoom session	<b>KSA Study Group: “Diabetes”</b> – <i>Francis Bellino MD, FAAFP, Facilitator</i>
<b>***Register on the MAFP Update Registration Form Under Separate Items****</b>		