



YMCA CAMP OF MAINE ESSENTIAL ELIGIBILITY CRITERIA

We strive to create summer camp programs that are enriching for as many campers as possible. In everything we do, health and safety are our top priorities. As such, we recognize the limitations of our facility, program, and staff. Below is a list of Essential Eligibility Criteria (EEC) deemed necessary for participation.

All campers must be able to do the following at a developmentally-appropriate level for their age:

- Communicate needs and concerns verbally with others at a conversational level of English.
- Understand and comply with directions given by staff.
- Refrain from unsafe and/or harmful behaviors toward self and others (including self-harm).
- Identify and avoid health/safety risks.
- Feel comfortable living in a rustic, outdoor environment (e.g. no air-conditioning, varying weather conditions, insects/animals, grass/dirt/mud).
- Maneuver rugged and steep terrain and distances between activities that are part of the natural surroundings.
- Follow a varied individual schedule and manage free time independently.
- Assume responsibility for personal hygiene (e.g. independently being able to void, wash hands well, brush teeth, shower and wash hair).
- Maintain proper nutrition and hydration from the camp menu, which includes non-restrictive, vegetarian, vegan, dairy-free, and gluten-free options (we are unable to accommodate special requests or additional food supplements from home).
- Adapt to a group living environment with little time alone.
- Demonstrate age-appropriate social and emotional skills in managing personal boundaries, relationships, communication, stress, and conflict.
- Manage the sensory stimulation of a frequently large, loud, and energetic group environment (especially in the dining hall during meals).
- Participate fully in all scheduled activities and programs.
- Engage in behaviors that contribute to the positive community and spirit of YCamp.

We are not able to provide attendants (one-on-one staff members) to support individual campers. All campers need to be able to have successful experiences with our ratio of one adult to every eight campers.

As a general overnight camp, We are not able to accommodate medical issues requiring treatment beyond the scope of our health center and medical staff member's training as directed by State and Federal policies and outlined in the Medical Protocols prescribed by YCamp's Standing Physician.

If you are unsure about whether your child meets the Essential Eligibility Criteria, please contact us to discuss their needs/interests and possible accommodations to support them.

If YCamp of Maine ends up not being a good fit for your child, we are happy to connect you with another camp better suited to their needs and interests.