



YMCA CAMP OF MAINE - Staff Packing List

The following packing list is a good starting point to plan for your YCamp Experience. You know yourself best and can adjust what you bring to YCamp based on what you like to wear and what activities you like to do. This list is a guide to help make sure you have everything you need while at YCamp.

The temperatures at camp in the summer range greatly. It can be as cool as 50F (10C) at night and as hot as the 90'sF (32C) during the day. You should plan for a range of temperatures! The YCamp laundry machines can be used by staff on time off.

Many staff use large duffle bags or backpacks to get to camp, and then move their belongings into plastic drawers once they are here. (Bins be purchased at Walmart on arrival.) Staff who are flying to camp can plan to buy toiletries on arrival, and will be provided with sleeping bag, fitted sheet, pillow, pillow case and towel, by YCamp.

CLOTHING:

Shorts
T-Shirts
Jeans/long pants (2+)
Sweatshirts/fleece/jumpers (2+)
Socks
Underwear
Pajamas
Jacket
Rain coat
Swimsuits (*See below for details*)
Nice clothes for days off
Outfit for end of summer banquet (also, there will be lots of shopping opportunities!)

FOOTWEAR:

Sneakers (all staff will need sneakers)
Sandals/flip flops/shower shoes
Rain boots
Nice shoes for days off

BEDDING: (Provided for Int'l Staff & others on request and availability)

Sleeping Bag/Comforter
Fitted sheet, twin
Blanket
Pillow with case

TOILETRIES: (many can be bought at camp)

Soap/Shampoo/Conditioner
Deodorant
Toothbrush/Toothpaste
Razors/Shaving Cream
Hair Brush/Comb/Hair Ties
Bath Towel/Beach Towel
Wash Cloth
Shower Bucket to hold above items
Cloth/Mesh Laundry Bag
Feminine Hygiene Products -as appropriate

OTHER IMPORTANT ITEMS:

Medication; prescription (camp has OTC meds available)
Flashlight, aka Torch (with extra batteries)
Insect Repellent (buy at camp)
Sunscreen (buy at camp)
Water bottle!
Stationery, Pens & Stamps
Ball Cap
Sunglasses
Plug adapter
Small bag/Backpack (for carrying things around camp during the day, overnight bag for days off and can be used as hand luggage on the plane too)

OPTIONAL ITEMS:

Tennis racquet
Musical instruments
Camera
Notebook for journaling
Books
Playing Cards
White T-shirt(s) to tie-dye
Baseball / Softball Glove
Crazy Costumes - see below
Personal Electronics (phones, digital book readers, computers, tablets, game players, smart watches, etc.) - To be used only during Time-Off
Home comforts (e.g. printed photos, notes from home, snacks, stuffed animal, flag)
Extension cord (so you only need one adapter)
Speaker for playing music in the bunk and at activities
Eye mask and ear plugs

PLEASE DO NOT BRING:

Valuables/Expensive cameras/Jewelry
Pocket knives/Guns/Hatchets
Fireworks

Please note that YCamp is not responsible for lost, broken, or stolen items. If you arrive at camp with valuables, they can be locked in the camp safe and accessed as necessary and prudent. (Safe space is limited)

The **Camp Disco** is an evening program held toward the end of each session. Each disco has a theme and the themes are shared with staff before camp begins so you have time to gather any costume items you'd like to bring with you.

Weekend Programs are also themed, and staff are asked to participate, by wearing costumes. Weekend Program themes are announced ahead of the summer, so staff can come prepared with themed items.

There are **talent/variety shows** which staff are invited to participate in throughout the summer. Singing, dancing, reciting poetry and playing an instrument are examples of the acts performed. Some groups form during the summer and share their talents together. Please bring anything that would help you perform your talent.

There will be special events throughout the summer that **celebrate the different cultures** represented by people at camp. As a part of this, you might want to have items from your country/state/region, that you can share with the group; think a flag, clothing items, a game, music, dance, candy/food, etc.

Swimwear - if you are a lifeguard or planning on spending a lot of time at the waterfront, we recommend bringing at least 3 swimsuits.

YCamp's goal is to provide a community where everyone feels safe and can grow. As with everyday wear, swimwear needs to be appropriate for the job function, modest, clean, and allow the wearer to present themselves with confidence - performing the job with the security and knowledge that nothing is going to fall off, revealing inappropriate body parts.

Male staff members need to choose trunk style, or board short style suit bottoms that tie, or otherwise latch, securely. Rash guards (or other uppers) should be worn to provide torso coverage when appropriate and desired.

Female staff members should choose a one-piece bathing suit, with straps, that provides full to moderate coverage at the top and bottom.

Staff can wear other style suits during their time-off, when away from camp and not near campers.