



MEPHC Newsletter

Biohazard Safety Training

December 11 | 9 am - 11 am

Location: 36 Bartlett St, Andover

Trauma Services will be hosting a training for Health Department staff that covers potential biohazard exposures you may encounter during inspections. They will cover the risks of these biohazards and how to protect yourself in the field. There is no cost for this training.

[Register Here](#)

Opioid Overdose Rescue

Health Resources in Action has provided a recording of an Opioid Overdose Rescue training. This video covers the principles of how to identify an overdose event and how to administer rescue drugs.

If you plan to attend the January 22nd training of the trainer event, you are required to watch this video prior to the training.

[Watch the Video](#)

Regional Website

The first draft of the regional website is ready to review! Please take some time clicking around the website and provide feedback to us to make improvements!

[Provide Website Feedback](#)

Upcoming Events

[NEHA Bed Bug Webinar](#)
November 5 | Virtual

[MEHA Food For Thought](#)
November 6 | Virtual

MEPHC Nurses Meeting
November 7 | Virtual

[NEHA Using Sanitizer Test Strips](#)
November 26 | Virtual
December 10 | Virtual

[Biohazard Safety Training](#)
December 11 | In Person

[MHOA Quarterly Meeting](#)
December 19 | Virtual

Narcan Training of the Trainer
January 22 | In Person

Interested in attending one of these events? E-mail Annette at agarcia@northandoverma.gov



November Health Topic

Each month, Lea Anne puts together a graphic for a specific health topic. November is National Diabetes Awareness Month. The health education flier focuses on Type II Diabetes prevention.

Use this and other graphics created to help promote prevention through flyers, social media and email communications!

[Access Resources Here](#)

Diabetes Education Events

Lea Anne will be hosting Diabetes Education Events in the following communities:

- November 14 @ 10 am | Reading
- November 20 @ 11 am | Lynnfield

If you are interested in attending or hosting a Diabetes Education event in your community, contact Lea Anne!

FDA Standard 3 Policies

The Middlesex-Essex Public Health Collaborative has been working to develop policies and procedures to help municipalities meet the [FDA Voluntary National Retail Food Regulatory Program Standards](#). Contact Annette to learn more about how to implement these policies in your jurisdiction!

[Find Policies Here](#)



Thanksgiving Food Safety

Thanksgiving is around the corner and with it comes food safety risks. Take time this month to share some tips and tricks with your community to prioritize food safety this holiday season.

[Find Resources Here](#)