



MEPHC Newsletter

METRIK Program Update

Due to a recent funding cut to the data solutions program at OLRH, significant changes are being made to the METRIK system—the data solution intended to support inspections, permitting, and nursing services.

DPH is currently collecting feedback from local health staff on which features of METRIK matter most. This is an important opportunity to share your input and highlight priorities—such as the inspectional software component, which has been a key focus in past planning.

[Provide Feedback Here](#)

Bi-Annual MA Health Data Review

Our regional review of the MA Health Data Tool highlights key gaps in food access, behavioral health, chronic disease, digital literacy, and transportation. Nearly half of residents live in low-access food areas, overdose deaths remain high despite fewer providers, and many households still face limited internet or transportation options. In response, upcoming education efforts will focus on nutrition, substance use, hypertension, diabetes, and health literacy, with in-person sessions on a local guide to better nutrition and resources like WIC, SNAP, and seasonal produce guides. To see the full summary click the link below.

[MA Health Data Tool Review](#)



FOLLOW US ON LINKEDIN

Upcoming Events

[Check out the training calendar!](#)

MEPHC Inspector Meeting
TBD | Virtual

MEPHC Nurses Meeting
October 2 | Via GoogleMeet

[PHC Vaccine Hesitancy: Past, Present, and Future.](#)
October 8 | Via Zoom

REMINDER
Special Processes Training
October 15 | North Andover

[MHOA Conference](#)
November 5-7 | Springfield

REGISTER NOW
[Stop The Bleed ToT](#)
November 18 | North Andover



Middlesex-Essex Public Health Collaborative

mephc@northandoverma.gov
www.mephg.org

Resource Center



Monthly Health Topic

The health topic chosen for October is Fall Nutrition Tips and Halloween Safety. Nutrition was chosen based on the data collected from the MEPHC region on the MA Health Data Review. If there are topics you would like to see highlighted, please let Lea Anne know!

[Access Resources Here](#)


Register Now for Stop the Bleed

Stop the Bleed training will be taught by Lawrence General Trauma Unit. Registration is open to all public health professionals within our member communities. Register at the link below!

[Register Here](#)


Upcoming community event?

One of the Strategic Plan goals is to **Increase Collaborative Presence and Visibility at Community Events**. If you have an upcoming community event that we could table at, please fill out the form below!

[Fill out the Tabling Form](#)


Respiratory Illness Season Resources

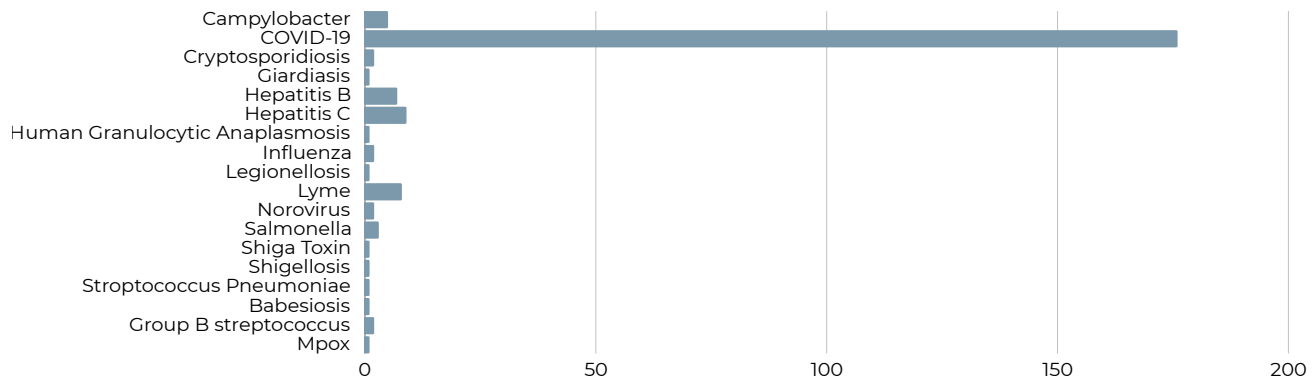
Don't forget! We have respiratory illness season graphics on our website under Health Education > Communicable Disease. General respiratory illness guidance, Measles, and Avian flu resources are available. Need a specific illness not already in the folder? Reach out to Lea Anne!

[Respiratory Illness Resources](#)

This disease trend report aggregates data from the communities of North Andover, Andover, Reading, North Reading, Haverhill and Lynnfield.

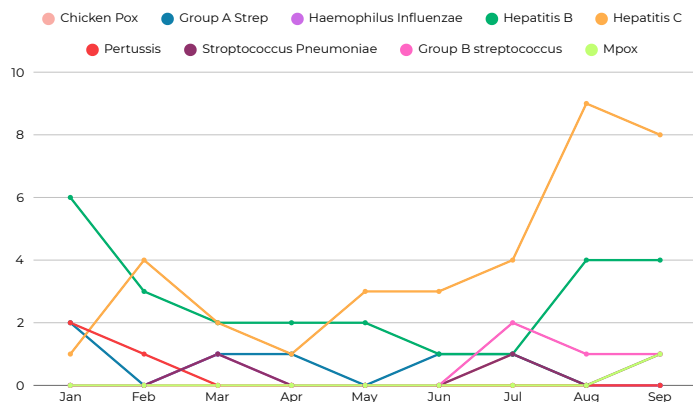
Confirmed & Probable Diseases Reported

August 15, 2025 to September 14, 2025



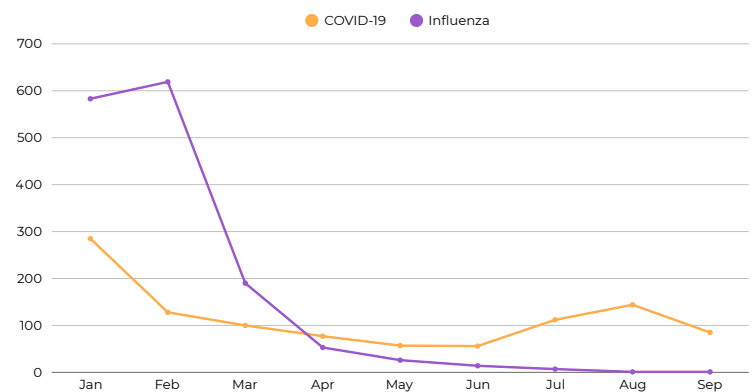
Confirmed & Probable Communicable Diseases

January 1 - September 15, 2025



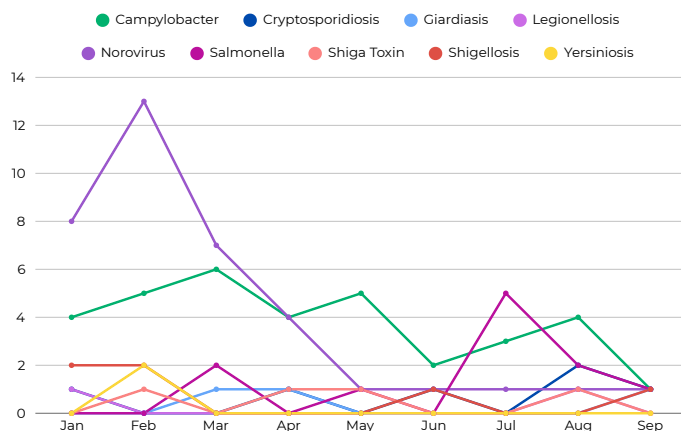
Confirmed & Probable Influenza & COVID-19 Cases

January 1 - September 15, 2025



Confirmed & Probable Foodborne Diseases

January 1 - September 15, 2025



Confirmed & Probable Vectorborne Diseases

January 1 - September 15, 2025

