



## A MESSAGE FROM THE SUPERINTENDENT

## DISTRICT NEWSLETTER

March 15, 2024

*Christian M. Elkington*

RSU 9 schools and staff are committed to helping families who are experiencing economic challenges throughout the school year. Please remember that we have resources to assist families and ask that you contact your school's principal, counselor, or social worker for assistance or suggestions where assistance may be available. We are always here to help!

Raising children is not easy and can be more difficult as the year moves along or as events change within each family. We can't emphasize enough how important it is to stick to a morning routine to help children get up and be ready for school. To make mornings less chaotic, please consider getting your child's backpack, snack, and school clothes ready the night before. Having a set bedtime routine, including the same time for bed, supports a child's focus on the rest they need to maximize their potential while at school! Brain evidence is clear, routines support strong attendance!

Lastly, please also note the following health considerations which support excellent attendance:

1. If your child gets sick or you are concerned about Covid or the flu, talk to your child's medical provider or their school nurse for advice.
2. Stomach pain and headaches can be signs of anxiety and may not be reasons for keeping a child home. If you feel that anxiety or stress is playing a role, please talk with your child's teacher, school nurse or counselor, or your medical provider for how to best support your child.
3. Allergies are not a reason to stay home from school. Our school and nursing staff are prepared to help students with chronic illnesses like asthma.
4. Please encourage and remind your child to wash their hands before and after eating and after using the restroom. Less germs in a child's mouth reduces the chance of them getting sick.

## CONGRATULATIONS TO JOEL SMITH



Mt. Blue High School (MBHS) Interim Principal Joel Smith was the unanimous choice of the Principal Interview Committee and the RSU 9 Board to be appointed as the new, Principal of MBHS, beginning July 1st!

### IMPORTANT DATES

#### Late Arrival Wednesday (LAW)

Wednesday, 3/20/24

Wednesday, 3/27/24

#### School Board Meeting

Tuesday, 3/26/24

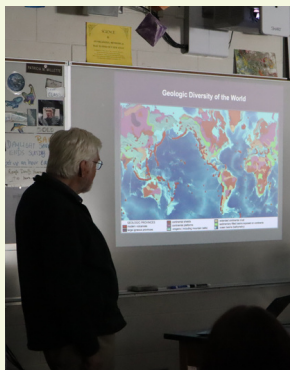
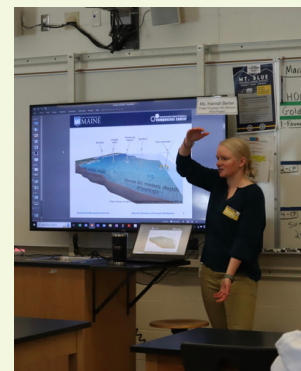
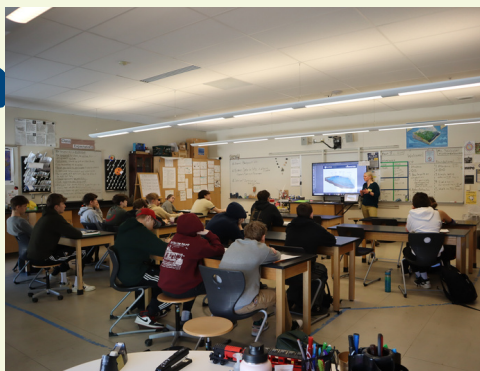
**BUDGET TIMELINE FY 25**



# MBHS 3RD ANNUAL CLIMATE WORKSHOP

On Friday, March 8th, Mount Blue High School freshmen along with students from three of our FTC Programs took part in MBHS's 3rd Annual (virtual) Climate Workshop. In all there were 9 workshops with a total of 14 presenters. MBHS staff were also invited to attend any workshops of their choosing.

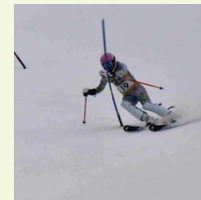
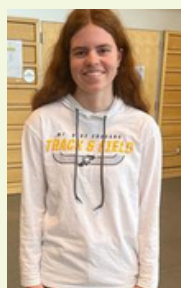
The workshop was organized by Dr. Patti Millette and Kerry Schlosser from the MBHS Science Department who report that students, staff, and the presenters had a fine experience with the event.



**LINKS:**

- [Employment Opportunities](#)
- [Volunteering in our Schools](#)
- [Promotional Flyers for Non-RSU 9 Sponsored Events](#)
- [District Calendars](#)
- [Excusable Absences](#)

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