

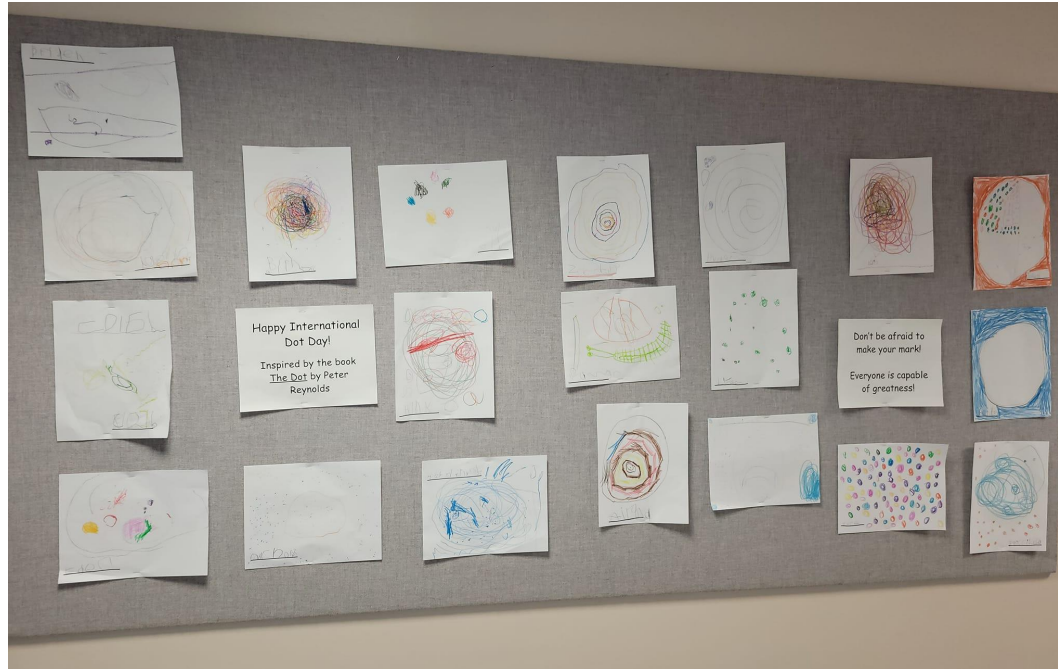
Cape Cod Hill Community School

Newsletter – September 2023



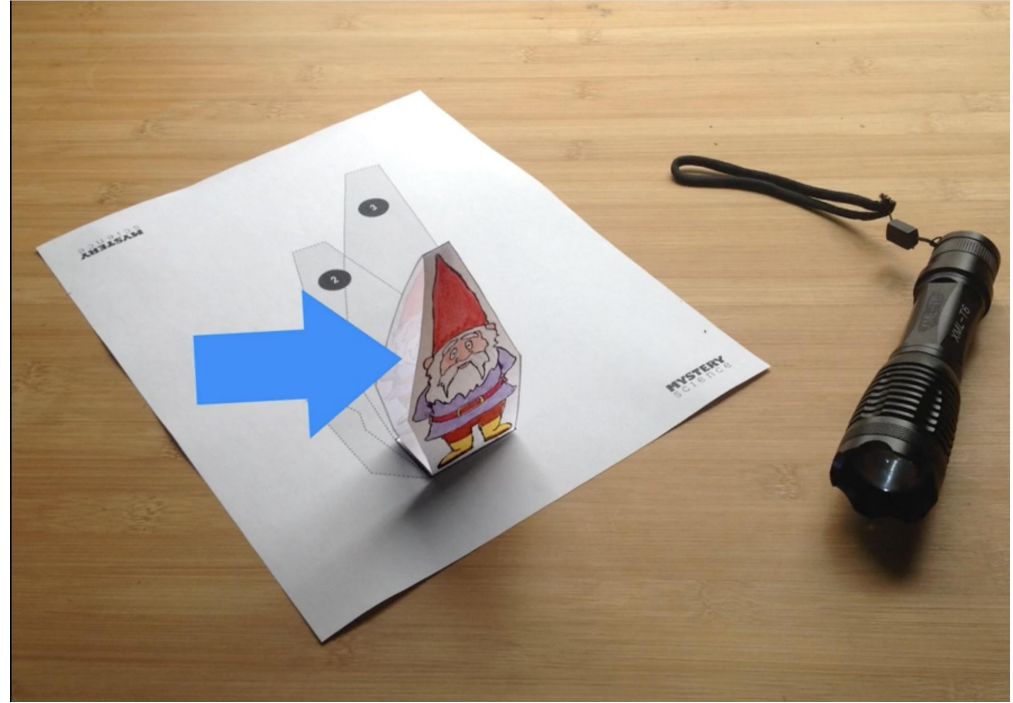
Kindergarten News

We are working hard on recognizing our names! We are also working on our letters and sounds and our shapes! Here is an art project we completed on Dot Day last Friday, September 15th. Dot Day is based on the book The Dot by Peter Reynolds. It is all about believing in yourself and knowing that everyone is capable of greatness!



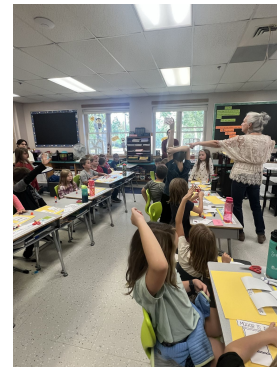
1st Grade News

First graders are particularly excited about their science learning. We have been exploring shadows and how we can change their shape and size. In one experiment, we used Willie the Nome and flashlights to answer the question, “Can a statue’s shadow move?” This week we will be building sun finders and exploring the question: “How can the sun help us when we are lost?”



2nd Grade News

Second Grade had a wonderful time at the Farmington Fair for Agricultural Day. We learned about different animals, how maple syrup is made, how bees make honey, how much milk cows produce, how apple cider is made, and so much more. We were then inspired to try and make our own butter after we returned. We first learned about liquids and solids before shaking the cream. We watched the cream go from liquid, to whipped cream, to solid butter and buttermilk. We finished by enjoying the fresh butter on a cracker.



3rd Grade News

Our fantastic 3rd graders have been building positive relationships with each other during Monday morning shares. We love to hear the unique stories and experiences of our classmates. In Math we are exploring Multiplication and Division using arrays and tape diagrams. In literacy, we are perfecting our Daily Five rotations and working on long vowel sounds in phonics. Our weekly spelling quizzes have begun and students are working hard to practice their words at school! Science and Social studies start next week! What a great group of 3rd grade students we have at Cape Cod Hill!



4th Grade News

In fourth grade we had a great trip to the fair this month!

We have also been learning a lot about Earth Systems
in science.



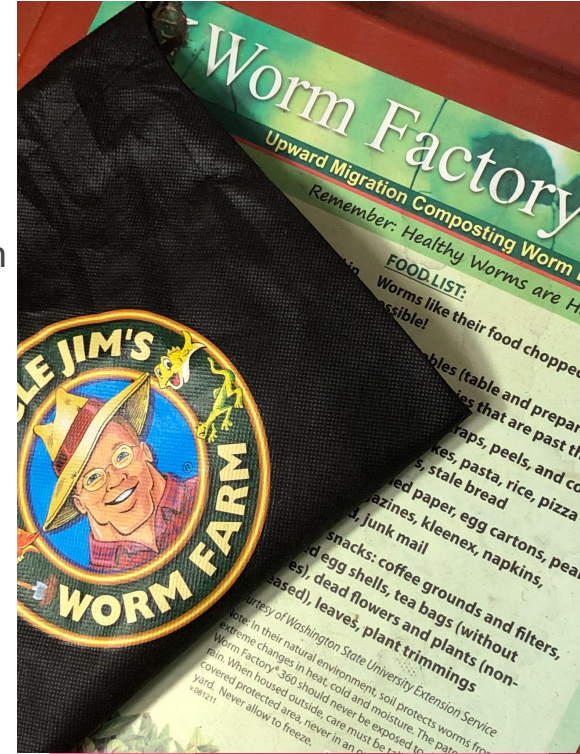
Read to our buddies
in kindergarten!



5th Grade News

5L: We've set up the worm factory because our worms have arrived! In Science we're studying producers, consumers, and decomposers and how they interact in our environment. In another week or so we'll be focusing on some "Mystery Science" lessons and our worms will be the stars of the show. Hopefully things go well until then!

In math we are building on our knowledge of place value and whole numbers to include decimal numbers.



Social Emotional Learning with Mrs. Clark!

All students receive weekly social emotional lessons with Mrs. Clark. This year we are using the Character Strong Curriculum to learn about topics such as kindness, respect, responsibility, honesty, and perseverance! Please look for parent flyers that will come home throughout the year that allow you to continue these conversations at home (kindness kickoff parent letters on next slide).



Be Kind

1

CHARACTER TRAITS

Respect, Empathy, Cooperation



Be Strong

1

CHARACTER TRAITS

Responsibility, Perseverance, Courage



Be Well

1

CHARACTER TRAITS

Gratitude, Honesty, Creativity



Kindness KICKOFF

Family Connection

PurposeFull
People

Welcome!

Dear Family,

We are excited to tell you that we will be using **PurposeFull People** this year, a program that teaches skills to help students be successful in school and in life.

We believe that students should have safe, predictable places to learn where they feel included. Students should have healthy and helpful connections with teachers and classmates. They should also experience learning that will help them tackle challenges inside and outside of school. PurposeFull People is more than a set of lessons - it is a partnership between schools and families to create a place where students feel like they belong and learn skills that will help them be the best they can be!

The path forward is full of growth! We cannot wait to partner with you in this work...

- To teach students how to build strong friendships
- To work together to solve problems, big and small
- To grow skills for life
- To become PurposeFull People

Conversation Starters



- What does Kindness mean to you?
- What is something Kind you did for someone else today?

Kindness Overview

Our world needs more Kindness! That's why Kindness is how we are starting the school year. Our definition of Kindness is acting with understanding, generosity, and care. You'll hear a lot about Kindness this year because it is also 1 of our **3 outcomes**:

- **Be Kind:** Teaching social skills like listening, friendship, solving conflicts, and leadership. These skills are taught alongside **Empathy, Respect, & Cooperation**
- **Be Strong:** Skills that help students focus, stay organized, and set goals. These skills are taught alongside **Responsibility, Courage, & Perseverance**
- **Be Well:** Skills that help students handle their emotions and deal with stress. These skills are taught alongside **Gratitude, Honesty, & Creativity**



Kindness KICKOFF

Family Connection

PurposeFull
People

PurposeFull Pursuits

Each month, we'll send PurposeFull Pursuits to provide fun challenges you can pursue together! These are simple ways to intentionally reinforce the skills we are working on at school, while providing fun strategies to grow together as a family. We invite you to make some memories and join in the fun!



Pursuit #1

Review Kindness as a family! Remember that Kindness is acting with understanding, generosity, and care. Schedule a family movie night so that you can specifically watch for different ways people show Kindness. Let everybody know that you'd like them to point out examples of how the characters show Kindness as you watch the movie. Be sure to pause periodically to discuss the examples of Kindness you see. You could also talk about missed opportunities for Kindness and what you might have done differently!

Pursuit #2

Find a time to sit in a circle together and celebrate a Kind beginning of the school year! If you want, gather some favorite snacks and play some celebratory music for the occasion. Take turns sharing responses to the following prompts or make up your own! Remember to practice Kindness as you listen to each other.



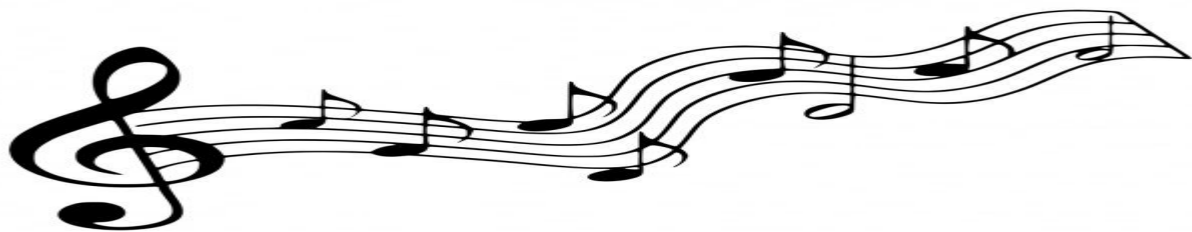
Celebration Prompts:

- What is 1 way a family member has shown you Kindness this week?
- What is 1 way you want to grow in Kindness toward others this school year?



News from Our Specialists

Music- In music class this month, we have been reviewing note values and refreshing our BoomWhacker skills! 5th grade chorus has also come to an awesome start. It is so lovely to be making music again!



News from Physical Education

The start of our year in PE classes consisted of going over rules and expectations along with team building games/challenges!

Students were challenged to work together to cross our gym floor in a game called “Cross The River” In small groups they were given two hula hoops and one poly spot.

The rules/directions:

1. Whole group needed to cross all together.
2. They could not lift or slide the equipment if someone was in or on it.
3. If anyone in their group touched outside of the equipment and onto the floor they would need to go all the way back to the start and try again!

Groups did a wonderful job figuring out how to cross and rebounded quickly after a mistake was made!



Up next: Soccer

CCHS Library

Things are in full swing in our library! Classes have been learning about our 5 senses, and how one's experiences can be much more relatable in both reading and writing if we are able to be descriptive.

We have been practicing to become more independent learners by editing and checking our own work for accurateness and completion.

We are starting to find lots of new books in the library! We will soon be introduced to the Maine State Book Awards...reading at least 3 of the contenders and then voting for our favorite.

We will soon learn/review alphabetical order and different genres to understand how to find information in our library.

Open a book, let the adventure begin!



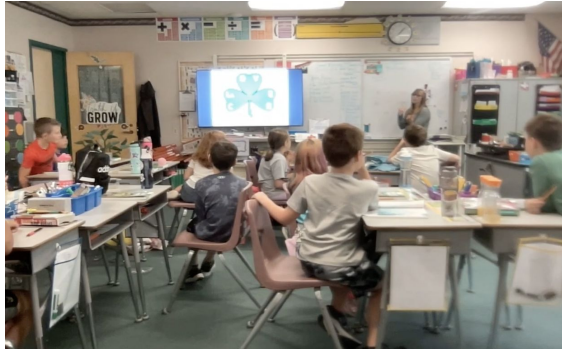
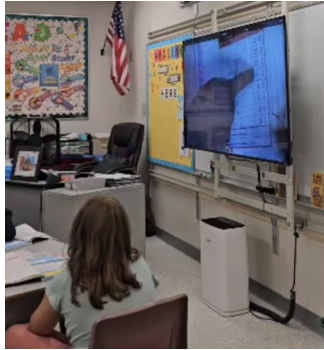
News from GATE

We have been getting to know each other in our group time. The children completed an All About Me poster sharing important information about themselves with others. We are doing riddles, math, literacy and social and emotional learning activities. At the end of our time, we play games to help support learning in the content areas but also working on problem solving, critical thinking, creativity and deeper thinking. The children have been great and I look forward to learning with them this year.

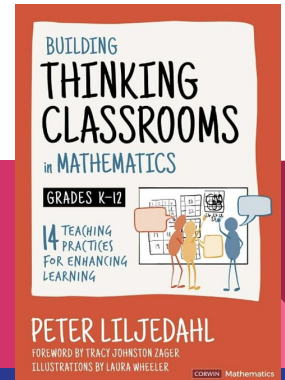


News from Title 1

In literacy, Mrs. Edmondson is working on fall testing to check on some students' reading skills. When she wasn't testing, she was modeling lessons in the 3rd grade classrooms from the district's new phonics program, "From Phonics to Reading".



In math, Mr. Cronin is putting groups together at each grade level and seeing students regularly. The Title 1 Math team is also engaged in reading a book "Building Thinking Classrooms in Mathematics" by Peter Liljedahl. The team will be attending a conference next month where the author is one of the keynote speakers.



News from our School Nurse

Flu (influenza) season is fast approaching. The flu season typically begins to increase in October. Flu peaks in the winter months of December and February, and can last as late as May. The most common symptoms include: fever, cough, sore throat, headache, muscle aches, fatigue, runny/stuffy nose

If you would like your child to receive a flu vaccination reach out to their pediatrician. If you are interested in receiving a flu vaccination for yourself here are a few options:

Call your Primary Healthcare Provider to schedule an appointment for a Flu vaccine, or visit one of the following mobile clinics or pharmacies:

Franklin Memorial Hospital--Resource Fair

- * Saturday October 7th 10am-2pm

- * Healthy Community Coalition mobile clinic will be there to give flu shots

Redington Fairview General Hospital

Walk-in Flu Clinics (bring your insurance card)

- * Saturday September 30th, 8am-11am, Main Entrance Lobby


- * Thursday October 5th, 4pm-6pm, Main Entrance Lobby



Pharmacies such as Hannaford, Walgreens, Walmart, Mt. Blue Drug, and Spruce Mountain Pharmacy. Some require appointments and some allow walk-ins, it's best to call ahead.

News from Mrs. Georgen & Mrs. Newall

Mrs. Georgen & Mrs. Newhall are working with a wonderful group of ed techs this year. Mr. Brown, Mrs. Tracy, and Mrs. Gauthier (aka Mrs. G) are all back and working with students across the school. Mrs. Georgen also has a student teacher, Katie St. Amand (aka. Ms. S.)! They are both excited to continue to support students in their resource rooms and across the school. Students in the resource room have been hard at work reviewing skills from the end of last year and building routines and steady work habits! If you have any questions about your students, feel free to reach out. Mrs. Georgen cgeorgen@mtbluersd.org is case managing students in K-3 and Mrs. Newhall aanewhall@mtbluersd.org is case managing 4th and 5th grade students.



News from the Principal



BARR - We are so excited to start the BARR program with our students on October 3. We have a school team that has been trained and are now sharing that training with all CCHS teachers and support staff. This is a fantastic opportunity for stronger connections to be developed among teachers & students, students & students, and staff & staff.

Monthly Assemblies - We will be having All School Assemblies the last Monday of every month. Students will be celebrated in various ways. Parents will be contacted by teachers with an invitation to attend the assembly if your child is receiving special recognition.

Community School - We are fortunate again this year to be the recipient of a Community School Grant. We have already started implementing some of our ideas, such as expanding our food clothing, and book pantry.

THANK YOU VOLUNTEERS!



News From The Principal (con't.

LAWs - a reminder to please check the school calendar for LAW days.

NWEA testing for grades 3-5: Oct. 10-20

Scholastic Book Fair: November 6-10 - more information coming out soon.

Parent/Teacher Conferences: November 7 & 8 (3:30-7:30 & 3:30-6:30) - teachers will send more specific information and sign ups soon.

Safety Drills: All students and staff will be practicing the various safety drills that RSU 9 has in place throughout the year. (fire drills, lockdown drills, lock out drills, shelter in place)



Read-A-Thon Fundraiser!!!

We're thrilled to announce that our 1st Read-A-Thon is starting Monday, October 2nd! We're counting on you to make it a success. If you haven't already, please take a moment to activate your child's personal reader page by clicking on the following link:

<https://www.read-a-thon.com/readers/r/3537353836>

It only takes a minute or two, and your support will greatly assist us in meeting our reading and fundraising goals. Our hope is to promote reading by helping students set a personal goal of minutes read while raising money for our school that will go directly back to students!

Thank you for your help in reaching our goal. If you need help setting up your students reader page please contact Amanda Clark at 778-3031 or amclark@mtbluersd.org



Read·A·Thon

PTO News

PTO had their first meeting and it was a huge success!!! All are welcome to our meetings, we hope to see you there! Together We Are Stronger 😊

October Events

- **October Meeting 10/16/23 @ 3:30** : we will discuss upcoming events and tshirt sales
- **Trunk - Or - Treat 10/31/23 @ 5 - 6:30** : which will include a cereal and snack drive for our before and after school care programs along with our community food pantry.

*Due to time crunch we have postponed our Touch-A-Truck event until spring

