

## **PHYSICAL EXAMINATIONS OF STUDENTS**

The Board is aware of the relationship between student health and success in school. Recognizing that parents/guardians bear the major responsibility for attending to the health needs of their children and that the school system has an interest in the well-being of its students, the Board adopts the following policy.

### **A. Physical Examinations and Screenings**

Parents/guardians shall be encouraged to have their children physically examined prior to entering school and annually thereafter. Dental examinations shall also be encouraged.

Vision, & hearing screenings will be conducted by the school district as required by Maine law. Parents will be notified of any suspected health problems identified through screening.

School staff is encouraged to be alert to the general well-being of students and should refer any concerns to the school nurse or building principal if the nurse is unavailable.

Parents are encouraged to notify the school nurse of changes in a student's health.

### **B. Participation in Athletics**

Students who wish to participate in middle school or high school athletics are required to have a physical examination and medical approval before doing so. Thereafter, students participating in athletics must have a physical examination on a schedule recommended by their health care provider, but not less frequently than once every two years. A student will not be allowed to participate in practice or competition without the required physical examination and medical approval. A student who's physical will pass the 2yr threshold during a season must have a new physical completed before the 2yr date. A copy of the current medical approval form will be kept in the student's health record.

Legal Reference: 20-A M.R.S.A. §§ 6402-A, 6451-6453  
20 U.S.C. § 1232h(c)

Cross Reference: JLCB - Immunization of Students

Adopted: February 8, 2005  
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