

Mt. Blue Regional School District
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Farmington, Maine 04938

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December 3, 2020

Dear RSU 9 Community,

An individual associated with Mt. Blue Campus recently tested positive for COVID-19. As a result of this, we have identified 10 close contacts. We are informing you out of an abundance of caution. Please monitor yourself/your student for signs and symptoms. Call a health care provider if symptoms start. Stay home if you are sick.

We are working closely with the Maine CDC to ensure our response aligns with all safety guidelines. Close contacts have been instructed to quarantine for 14 days from the last exposure to the positive individual. A negative test result does not get an individual out of quarantine.

All currently known close contacts have been contacted by an RSU 9 staff member. If you have not been contacted you are not considered a close contact at this point. We will keep you updated on any other new close contacts as they occur.

We have mitigated risks at this time and will continue with our current schedule. This situation does not meet the CDC guidelines for school closure. Mt. Blue Campus students and staff will follow their typical remote schedule on Friday, December 4th, and we will return to campus as scheduled on Monday, December 7th.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes, and an uninfected person breathes in the virus. Signs and symptoms include:

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| • new loss of taste or smell | • diarrhea | • fatigue |
| • sore throat | • fever or chills | • muscle or body aches |
| • congestion or runny nose | • cough | • shortness of breath or difficulty breathing |
| • nausea or vomiting | • headache | |

Please, direct any questions to your building principal or school nurse.

For general COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email info@211maine.org. Call a health care provider for questions about your symptoms. Contact www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus for more information.

Thank you for your continued efforts in helping to keep our students and staff safe. We will keep you updated as new information becomes available.

Sincerely,

RSU 9 Central Office Administration and RSU 9 Nursing Team