

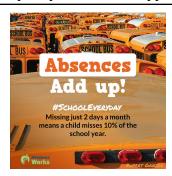
RSU 9 News COMMUNITY | CULTURE | CURRICULUM

Working together to provide high-quality educational opportunities for all.

A Message from Superintendent Elkington

Have I said we love having all our kids at school? We do!

Developing a morning routine to help our children get up and ready for school is an important part of reducing absenteeism. Absences, even if they are excused, break the routine of daily attendance which contributes to each student's ability of being connected and engaged in their learning and with their school. To make mornings less



chaotic, consider getting your child's backpack, snack, and school clothes ready the night before. Having a set bedtime routine, including the same time for bed, supports a child's focus on the rest they need to come to school and to maximize their potential while at school!

Please also consider the following to support your child(ren) having excellent attendance:

- 1. Develop back up plans for who can get your children to school if you can't take them if they miss the bus.
- 2. If your children get sick or you are concerned about Covid or the flu, talk to your child's medical provider or their school nurse for advice.
- 3. Stomach pain and headaches can be signs of anxiety and may <u>not</u> be reasons for keeping a child home. If you feel that anxiety or stress is playing a role, please talk with your child's teacher, their school nurse or counselor, or your medical provider for how to best support your child.
- 4. Encourage and remind your child to wash their hands before and after eating and after using the restroom. Less germs in a child's mouth reduces the chance of them getting sick.

A mind is a terrible thing to waste and so is the loss of a day at school!

Food Service Program Summer Success!

This summer our Food Service team prepared and served 14,035 meals between June 26th and August 4th at twelve different sites. Updated summer meal regulations allowed us



to serve meals off school grounds. These changes provided the opportunity for us to offer parent/guardian pick-up meals as well as offering a breakfast for the next day when lunches were picked up. As a result, Food Service operations were able to operate much more efficiently, with many more meals served than had previously

Downloadable Calendars for 2023-24

2023/2024 District School
Calendar
2023/2024 Blue Gold Calendar

September is Attendance Awareness Month!

Every Day in School Matters!

Excusable Absences

Staff Recognition

Click <u>here</u> for a list of all previous honorees.

RSU 9 is hiring!

Have you ever considered working for RSU 9?

<u>Click here</u> for a complete list of job openings, information about each position, and to apply.

RSU 9 News

been possible. Breakfast and lunch were served at Mt Blue Campus, Mallett School, and at Cascade Brook School supporting summer school programs. Additionally, on two mobile routes, meals were served at strategic locations where kids gathered, or parents could easily access.

Special thanks to Carla Fitch, Misty Carrow, Amanda Barry, Cindy Fortier, Katrina Ranger, Ellen Desper, Sarah Couture, and Rachel Simonds for running our program. A "shout out" goes to Kathy Childs for picking up meals each day for students participating in summer school at CBS!

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Getting Our Students Outside

This past spring and summer saw the final touches (using ESSER Funds) made in creating wonderful outdoor learning and playground spaces at Academy Hill and Cushing Schools, Cape Cod Hill School, Cascade Brook School, and Mt. Blue Middle School. MBC was completed previously. Getting our students outside of the classroom for some instruction with a focus on fresh air and exercise improves student learning as well as their emotional and physical wellbeing. When you visit, please visit these wonderful spaces.







Playground upgrade and new pavilions at Cushing and Academy Hill Schools



















New Pavilion at MBMS



The formerly constructed MBC Pavilion

Interested in Volunteering?

Check out the **Volunteer Page** on our website, for more information!

Fill out a **Volunteer Registration**Form

What Else is Happening?

District Calendar of Events

Promotional Flyers for Non-School Events

More RSU 9 News

Are you looking for additional district news?

Follow <u>this link</u> to our News website.

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